

Top 10 Safe Zone Takeaways

tri-c.edu/safezone

1. Treat everyone with dignity and respect.

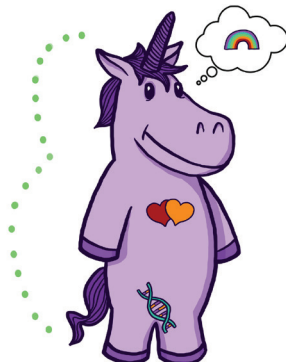
2. A Safe Zone is a place for everyone to be respected, affirmed, heard and included.

3. Gender identity and sexual orientation are not directly related!

A cisgender person is not automatically “straight,” and a transgender person is not automatically “gay.”

Nice summary of:

- Gender identity
- Gender expression
- Sex assigned at birth
- Physical attraction
- Emotional attraction



To learn more, go to transstudent.org/gender

4. Safe Zone Allies ...

- Support and respect all members of the LGBTQ+ community.
- Know where to find resources and how/when to make referrals.
- Encourage inclusive language.
- Don't need to be experts or counselors.
- Don't try to “fix” or change people.
- Are always learning.
- Are visible (e.g., display Safe Zone logo, attend events).
- Maintain confidentiality.

View a list of certified Tri-C allies at www.tri-c.edu/safezone.

5. Inclusivity Tips

- Listen to understand, not to reply or judge
- Ask questions rather than assume
- Discuss the power of words, labels and names
- Use gender neutral words

6. An Ally's Guide to Terminology is available at www.tri-c.edu/safezone.

7. Personal Pronouns

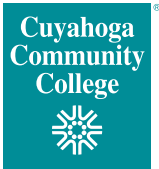
- When introducing yourself, state your pronouns along with your chosen name. This will encourage others to share theirs.
- Ask if you're unsure.
- Use first names instead of pronouns to be more personal.

8. Quick Tips to Stop Bullying and Inappropriate Behavior

- See/hear something, say something
- Foster safety and inclusion
- Intervene immediately and stay calm
- Change the subject or question the behavior
- Encourage bystanders to become “upstanders”
- Get help if needed, and inform someone afterward (e.g., police, counselor, report at tri-c.edu/concerns)

9. How to Get Involved at Tri-C

- Safe Zone: www.tri-c.edu/safezone
- Sexual Orientation and Gender Equality Council (SOGEC): www.tri-c.edu/sogec
- Lambda Gender-Sexuality Alliance (GSA): www.tri-c.edu/lambdagsa



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10. LGBTQ+ Resource List

Tri-C Resources

Campus Police

www.tri-c.edu/campuspolice
216-987-4911 (emergency)
216-987-4325 (non-emergency)

Counseling and Psychological Services Centers

www.tri-c.edu/counseling
216-987-6000

Office of Diversity and Inclusion

216-987-0204
Anyone discriminated against/harassed can file a complaint

Help Is Here (website and mobile app)

www.tri-c.edu/helpishere
Suicide prevention and mental wellness program

Local and National Resources

PFLAG Cleveland

pflagcleveland.org
216-220-7030
Support and education groups, resources

LGBT Center of Greater Cleveland

lgbtcleveland.org
216-651-5428

TransFamily

transfamily.org
Local support group and online discussion groups

Plexus

thinkplexus.org
Promotes networking and business development within Northeast Ohio's LGBT business community

Human Rights Campaign

hrc.org/state-maps
State laws and policies

Equality Ohio

equalityohio.org
Advocates and educates to achieve fair treatment and equal opportunity for all LGBTQ+ Ohioans

TransOhio

transohio.org
Services, education, support and more for Ohio's transgender population

Bravo

bravo-ohio.org
Stop violence perpetrated on LGBTQ+ communities

Suicide Prevention Helplines

Suicide Prevention Lifeline

1-800-273-8255
suicidepreventionlifeline.org/chat

The Trevor Project

1-866-488-7386
thetrevorproject.org
24/7 talk/text/online chat

Trans Lifeline

1-877-565-8860
translifeline.org
10 a.m. – 4 p.m. EST

Crisis Textline

Text anything on your mind to 741-741

Educator Inclusivity Resources

lgbtrc.usc.edu/education/activities

Resources to help maintain inclusion in courses

stopbullying.gov

Resources to help maintain a safe and respectful classroom

glsen.org/educate/resources

Educator guides, inclusive curriculum and lesson plans

