



# Top 10 Safe Zone Takeaways

[tri-c.edu/safezone](http://tri-c.edu/safezone)

## 1) Treat everyone with dignity and respect.

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## 2) A Safe Zone is a place for everyone to be respected, affirmed, heard and included.

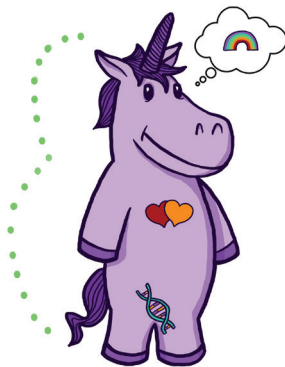
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## 3) Gender identity and sexual orientation are not directly related!

A cisgender person is not automatically “straight,” and a transgender person is not automatically “gay.”

### Nice summary of:

- Gender identity
- Gender expression
- Sex assigned at birth
- Physical attraction
- Emotional attraction



To learn more, go to [transstudent.org/gender](http://transstudent.org/gender)

## 4) Safe Zone Allies ...

- Support and respect all members of the LGBTQ+ community.
- Know where to find resources and how/when to make referrals.
- Encourage inclusive language.
- Don't need to be experts or counselors.
- Don't try to “fix” or change people.
- Are always learning.
- Are visible (e.g., display Safe Zone logo, attend events).
- Maintain confidentiality.

View a list of certified Tri-C allies at [www.tri-c.edu/safezone](http://www.tri-c.edu/safezone).

## 5) Inclusivity Tips

- Listen to understand, not to reply or judge
- Ask questions rather than assume
- Discuss the power of words, labels and names
- Use gender neutral words

## 6) An Ally's Guide to Terminology is available at [www.tri-c.edu/safezone](http://www.tri-c.edu/safezone).

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## 7) Personal Pronouns

- When introducing yourself, state your pronouns along with your preferred name. This will encourage others to share theirs.
- Ask if you're unsure.
- Use first names instead of pronouns to be more personal.

## 8) Quick Tips to Stop Bullying and Inappropriate Behavior

- See/hear something, say something
- Foster safety and inclusion
- Intervene immediately and stay calm
- Change the subject or question the behavior
- Encourage bystanders to become “upstanders”
- Get help if needed, and inform someone afterward (e.g., police, counselor, report at [tri-c.edu/concerns](http://tri-c.edu/concerns))

## 9) How to Get Involved at Tri-C

- Safe Zone: [www.tri-c.edu/safezone](http://www.tri-c.edu/safezone)
- Sexual Orientation and Gender Equality Council (SOGE): [www.tri-c.edu/soge](http://www.tri-c.edu/soge)
- Lambda Gender-Sexuality Alliance (GSA): [www.tri-c.edu/lambdagsa](http://www.tri-c.edu/lambdagsa)



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## 10) LGBTQ+ Resource List

### Tri-C Resources

#### Campus Police

[www.tri-c.edu/campuspolice](http://www.tri-c.edu/campuspolice)  
216-987-4911 (emergency)  
216-987-4325 (non-emergency)

#### Counseling and Psychological Services Centers

[www.tri-c.edu/counseling](http://www.tri-c.edu/counseling)  
216-987-6000

#### Office of Diversity and Inclusion

216-987-0204  
Anyone discriminated against/harassed can file a complaint

#### Help Is Here (website and mobile app)

[www.tri-c.edu/helpishere](http://www.tri-c.edu/helpishere)  
Suicide prevention and mental wellness program

### Local and National Resources

#### PFLAG Cleveland

[pflagcleveland.org](http://pflagcleveland.org)  
216-220-7030  
Support and education groups, resources

#### LGBT Center of Greater Cleveland

[lgbtcleveland.org](http://lgbtcleveland.org)  
216-651-5428

#### TransFamily

[transfamily.org](http://transfamily.org)  
Local support group and online discussion groups

#### Plexus

[thinkplexus.org](http://thinkplexus.org)  
Promotes networking and business development within Northeast Ohio's LGBT business community

#### Human Rights Campaign

[hrc.org/state-maps](http://hrc.org/state-maps)  
State laws and policies

### Equality Ohio

[equalityohio.org](http://equalityohio.org)  
Advocates and educates to achieve fair treatment and equal opportunity for all LGBTQ+ Ohioans

### TransOhio

[transohio.org](http://transohio.org)  
Services, education, support and more for Ohio's transgender population

### Bravo

[bravo-ohio.org](http://bravo-ohio.org)  
Stop violence perpetrated on LGBTQ+ communities

### Suicide Prevention Helplines

#### Suicide Prevention Lifeline

1-800-273-8255  
[suicidepreventionlifeline.org/chat](http://suicidepreventionlifeline.org/chat)

#### The Trevor Project

1-866-488-7386  
[thetrevorproject.org](http://thetrevorproject.org)  
24/7 talk/text/online chat

#### Trans Lifeline

1-877-565-8860  
[translifeline.org](http://translifeline.org)  
10 a.m. – 4 p.m. EST

#### Crisis Textline

Text anything on your mind to 741-741

### Educator Inclusivity Resources

#### [lgbtrc.usc.edu/education/activities](http://lgbtrc.usc.edu/education/activities)

Resources to help maintain inclusion in courses

#### [stopbullying.gov](http://stopbullying.gov)

Resources to help maintain a safe and respectful classroom

#### [glsen.org/educate/resources](http://glsen.org/educate/resources)

Educator guides, inclusive curriculum and lesson plans

