



# Tri-C to The University of Akron

## AAS in Sport and Exercise Studies to BS in Exercise Science (Coaching and Conditioning Concentration)



2019-2020 Catalog Year

### Suggested Sequence at Tri-C

\*\*For the best fit, students should complete the following math course as part of the AAS degree prior to transferring: **MATH 1410 or 1530**

# These courses should be selected as part of the AAS: **BIO 1500, 2331, 2341, ENG 1020 and Honors options when available**

First Semester		Credits
BIO 1500#	Principles of Biology	4
ENG 1010	College Composition I	3
HLTH 1230, 1310 or EMT 1310	First Aid/Pers. Safety, Cardio. Res./First Aid or Cardio. Res.	1
HLTH 1100	Personal Health Education	3
SES 1001	Intro to Sport and Exercise Studies	2
SES 1040	Teaching Exercise Training Tech.	3
		<b>16</b>

Second Semester		Credits
BIO 2331#	Anatomy and Physiology I	4
MATH 1410 or 1530	Elem Prob/Stats I or Col Algebra	3-4
SES 1201	Fitness and Wellness Coaching	3
SES 2000	Essentials of Sport Injury Care	3
SES 2310	Adv. Training Concepts/Tech.	3
		<b>16-17</b>

Third Semester		Credits
BIO 2341#	Anatomy and Physiology II	4
ENG 1020#	College Composition II	3
PSY 1010	General Psychology	3
SES 2100	Sport and Exercise Physiology	3
SES 2410	Exercise Testing and Prescription	3
		<b>16</b>

Fourth Semester		Credits
DIET 1200	Basic Nutrition	3
SES 2130	Kinesiology	3
SES 2420	Adv. Exercise Testing & Prescription	3
SES 2320	SES Elective	3
SES 2840	Practicum – (capstone)	2
		<b>14</b>

Associate of Applied Science Degree Awarded Total credits: **62-63**

### Suggested Sequence at Akron

Course sequence may change based on individual needs of the student, schedule type required, and completion of **BIO 2331 and 2341 and MATH 1410 or 1530** before transfer.

Fifth Semester		Credits
2740:120	Medical Terminology	3
55540:160	Introduction to Coaching	3
5550:400	Musculoskeletal Anatomy I UE	3
3850:100	Introduction to Sociology	3
3400:210	Humanities in the Western Tradition	4
		<b>16</b>

Sixth Semester		Credits
5550:327	Exercise Leadership	3
5550:401	Musculoskeletal Anatomy II LE	3
5550:409	Sport Behavior	3
	Arts Requirement	3
	Arts or Humanities Requirement	3
	Public Speaking Requirement	3
		<b>18</b>

Seventh Semester		Credits
5550:449	Organization/Administration: HCP	3
5550:403	Exercise Testing	3
5550:330	Exercise and Weight Control	3
5550:406	Advanced Strength and Conditioning	3
5550:462	Legal Aspects of Physical Activity	2
	Global Diversity Requirement	3
		<b>17</b>

Eighth Semester		Credits
5550:355	Exercise in Special Populations	3
5550:404	Exercise Prescription	3
5550:485	Exercise Science Capstone	3
5550:460	Practicum	3
	Complex Systems Requirement	3
		<b>15</b>

Bachelor of Arts Degree Awarded Total credits at Tri-C/Akron: **128-129**

This Transfer Pathway represents one example of how to complete a Tri-C associate and UA bachelor's degree. Students should work closely with advisors at both **institutions**. An Akron advisor can also assist students with developing a graduation plan for full- or part-time study.

**Course sequence may change based on the individual needs of the student and schedule type required.**

All students must complete a minimum of 120 semester credits (combined Tri-C and UA).

***This information is provided by both institutions solely for convenience and expressly disclaims any liability which may otherwise be incurred. This is neither a contract nor an offer to make a contract. While every effort has been made to ensure the accuracy of the information, each institution reserves the right to make changes at any time with respect to course offerings, degree requirements, services provided, or any other subject addressed herein.***

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**See ATTACHMENT A for Articulation Criteria and Benefits**

**August 2019**