



The time is **NOW** –  
not after something happens.

# Rape Aggression Defense (R.A.D.) Basic Physical Defense for Women

*R.A.D. Basic Physical Defense is designed for women  
with little or no self-defense experience.*



## Eastern Campus

4250 Richmond Road, Highland Hills

**September 8, 10, 15, 17 ■ 5:30 – 8:30 p.m.**

## Western Campus

11000 Pleasant Valley Road, Parma

**October 13, 15, 20, 22 ■ 5:30 – 8:30 p.m.**

*Registration opens September 15*

*Participant must attend all four sessions at their  
chosen location.*

### You can do this!

- Self-defense techniques suitable for women of all ages and abilities
- Develop skills in a safe, secure, all-female environment
- Learn awareness, reduction, recognition and avoidance
- Gain empowerment through education and training

R.A.D. Systems promotes self-defense education and awareness. This course includes lecture, discussion and demonstration of self-defense techniques.

**better  
than that**

Preventing and Responding  
to Sexual Violence



**Registration is required.**  
**Contact Officer Christine Logan at 216-987-5795  
or [christine.logan@tri-c.edu](mailto:christine.logan@tri-c.edu) to sign up.**

