A Note from Your Campus Student Success Specialist

It’s time to SPRING into Action!

With only five weeks remaining in the semester, now is the time to connect with your instructors to make sure you will be successfully completing your courses. The last day to drop classes with a W grade is April 25th. Also, be on the look out for Student Appreciation Day, our Dogs and Dogs event, and Study Jams during finals week!

Also In this issue:

- It’s National Library Week April 10th –16th. Learn how you can share info about your favorite book!
- Want to learn how to ace an interview or write the perfect resume? Check out the Career Center’s schedule of workshops for April!

Calli Mango
Student Success Specialist
CCW 101

Stop by and meet your Success Team!
Student Success Specialist
College Completion Coach
Student Ambassadors/Peer Mentors
Make us a part of your success team!

www.tri-c.edu/studentsuccess
We provide students, alumni and community members with web-based tools, in-person services and campus-based events.

Resumes That Get Results - 2 hours
(Mandatory for all co-opt students)
Understand the purpose, review the general guidelines and learn how to develop a “resume that will get results.” You will learn how to put together the initial building blocks of your resume including a Summary, Employment History, Job Responsibilities and Accomplishments.
- Fri., Apr. 8* East - TBD 9 - 11 a.m.
- Mon., Apr. 11* Metro - CON 88 1 - 3 p.m.
- Tue., Apr. 19* CCW - CCW 112 1 - 3 p.m.
- Wed., Apr. 20 Metro - CON 88 10 a.m. - noon
- Fri., Apr. 22* West - WSS G4B 8:30 - 10:30 a.m.
- Tue., Apr. 26 West - WSS G4B 10 a.m. - noon
- Wed., Apr. 27 East - TBD 3 - 5 p.m.

Ace That Interview - 2 hours
(Mandatory for all co-opt students)
Review general guidelines to improve your interviewing skills and gain a “behind the scenes” insight into the interview process. Learn about the different types of interviews, overcoming obstacles and avoiding common mistakes. Topics to be covered are basic guidelines, traditional questions, behavioral-based questions and telephone interviews.
- Fri., Apr. 8* East - TBD 1 - 3 p.m.
- Mon., Apr. 11* Metro - CON 88 9 - 11 a.m.
- Tue., Apr. 19* CCW - CCW 112 9 - 11 a.m.
- Fri., Apr. 22* West - WSS G4B 1 - 3 p.m.

New Job: Tips for Success! - 1 hour
(Mandatory for all co-opt students)
Practical tips on establishing yourself in a new position to ensure maximum success as you continue your employment journey.
- Fri., Apr. 8* East - TBD 11 a.m. - noon
- Mon., Apr. 11* Metro - CON 88 11 a.m. - noon
- Tue., Apr. 19* CCW - CCW 112 11 a.m. - noon
- Fri., Apr. 22* West - WSS G4B 11 a.m. - noon

Business Etiquette - 2 hours
Understand the basics of workplace, technology (techno), and dining etiquette that will assist you in developing and maintaining a successful career. For current Tri-C students only.
- Tue., Apr. 5 CCW - CCW 312 Noon - 2 p.m.
- Fri., Apr. 8 Metro - MCC 102 Noon - 2 p.m.

High Noon Networking - 2 hours
Networking is one of the key components of a successful job search plan, yet one that is often overlooked. Become familiar with simple networking tools and other resources to help you plan your search and promote yourself to get the job you want.
- Wed., Apr. 6 Metro - MCC 209L Noon - 2 p.m.

*Workshop Boot Camp: consists of “Resumes That Get Results,” “Ace That Interview” and “New Job: Tips for Success!” all in one day.
All workshops are subject to cancellation, additions and changes.
Please refer to http://collegencentral.com/tri-c for the most up-to-date schedule information.

CAMPUS LOCATIONS

(EAST) Eastern Campus
4250 Richmond Road, Highland Hills, OH 44122
216-987-2567

(METRO) Metropolitan Campus
2900 Community College Ave., Cleveland, OH 44115
216-987-4021

(CCW) Corporate College West
25425 Center Ridge Road, Westlake, OH 44145
440-933-5180

(WH) Westshore Campus
31001 Clemens Road, Westlake, OH 44145
216-987-5539

(WEST) Western Campus
11000 Pleasant Valley Road, Parma, OH 44130
216-987-5575

(BU) Brunswick University Center
3605 Center Road, Brunswick, OH 44212
216-987-5575

www.tri-c.edu/careerservices
TRI-C SPRING INTO FITNESS 5K RUN/WALK

Proceeds for the 5k will benefit student scholarships through the Tri-C Foundation.

Saturday, April 9, 2016

Cuyahoga Community College Eastern Campus | 4250 Richmond Road | Highland Hills, OH 44122

On-Site Registration and Packet Pick-Up Begins at 8 a.m. | Run/Walk Begins at 9 a.m.

Pre-registration
- $20
- $15 for Tri-C students with valid student ID

Day of Race Registration
- $25
- $20 for Tri-C students with valid student ID

Online Registration
- www.hermessceland.com
- Online registration closes at 9 a.m. on April 8, 2016

Mailed Entries
- Must be received by April 5, 2016
- Make checks payable and send to: Hermes Sports & Events | 2425 W.11th Street, Suite 2
  Cleveland, OH 44113

Awards
- Awards given to top three overall males/females
- Awards also given to top three males/females in each age group

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<thead>
<tr>
<th>Age Group</th>
<th>11 &amp; Under</th>
<th>12-14</th>
<th>15-19</th>
<th>20-24</th>
<th>25-29</th>
<th>30-34</th>
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<td>40+</td>
<td>16:49</td>
<td>21:59</td>
<td>26:59</td>
<td>31:59</td>
<td>36:59</td>
<td>40+</td>
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General Information
- Post-race refreshments and entertainment
- Free t-shirt to all runners
- Chip timing will be used
- Hermes Sports and Events, 216-623-9933

Free Fitness Assessment: All registrants receive a free
Personal fitness assessment, offered by Tri-C's Sport and Exercise Studies program, other post-run appointments (based on availability). The RockPod uses whole-body densitometry to determine body composition (fat and fat-free mass).

TRI-C SPRING INTO FITNESS 5K RUN/WALK ENTRY FORM

Tri-C Student? ☐ Y ☐ N
If yes, Student ID# ____________________________

Race: ☐ 5K (Run) ☐ 5K (Walk) Age on Race Day ____________________________

Name ____________________________

Gender ☐ Male ☐ Female Date of Birth ____________________________

Address (including city and zip) ____________________________

Email ____________________________ Phone Number ____________________________

Shirt Size: ☐ XS ☐ S ☐ M ☐ L ☐ XL ☐ XXL

I hereby understand that upon my entry into The Spring Into Fitness 5K run/walk, I waive any and all claims for damages that I may have against Cuyahoga Community College, Hermes Sports and Events, sponsors, sponsors or anyone involved in the production of this race, regarding any and all injuries suffered by me while running, traveling to and from, or participating in this event, for myself, my heirs and/or assigns. I also understand that refunds will not be available for entry fees.

Signature ____________________________ Date __________

Signature of parent/guardian if under 18
National Library Week
at Westshore Campus  April 10 -16

READ Photos
Pose with your favorite book for a personalized photo to be printed on posters and shared on campus. April 13 from 11 a.m. – 2 p.m. RSVPs are required to Nancy Weissman at Nancy.Weissman@tri-c.edu or 216-987-3916 by Friday, April 8.

Books That Made a Difference Panel Discussion
Join us for the 2nd annual Books That Made a Difference panel session on Wednesday, April 13 from noon to 2 p.m. in the Westshore Atrium. Listen to fellow students, faculty and staff present their favorite books and how reading has impacted their lives. Refreshments will be served.
Cuyahoga Community College (Tri-C) Western Campus and OHTec presents:

**Working in IT in Northeast Ohio: Inside the Industry**

**Tuesday, April 19, 2016**

11 - 11:30 a.m.  Registration
11:30 a.m. - 1 p.m.  Speed Networking
1 - 2 p.m.  Guest Speaker

*Light refreshments will be served.*

Cuyahoga Community College
Western Campus
11000 Pleasant Valley Road
Business & Technology Atrium (C building)
Parma, Ohio 44130

Join us for the inside scoop on what's happening with IT in Northeast Ohio:

**SPEAKERS:**
Brad Nellis, Director of Market Strategy, Expedient-Cleveland
Brady Giles, Associate Test Analyst, Hyland Software

- **What skills & training** do you need to succeed in IT?
- **What does the future** look like for IT jobs?
- **How global** are local tech jobs?

Northeast Ohio is home to nearly 3,000 IT-related companies and OHTec has its finger on the pulse of this important industry.

FOR MORE INFORMATION
CONTACT:
Maya Walsh
Employer Relations Specialist
216-987-4416 or maryanique.walsh@tri-c.edu

Employers and students, register by April 15 at www.tri-c.edu/ITspeakseries
PLANNING ON TRANSFERRING?

Make an appointment for Pre-Transfer Planning at the Enrollment Center or Counseling or by calling 216-987-3900

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<thead>
<tr>
<th>College/Representative</th>
<th>Location</th>
<th>Date/Times</th>
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<tbody>
<tr>
<td>Baldwin Wallace University</td>
<td>CCW Room 109</td>
<td>March 2, 1-4</td>
</tr>
<tr>
<td>Janna Whitaker</td>
<td>WS Room 134</td>
<td>April 7, 1-4</td>
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<td>Cleveland State University</td>
<td>CCW Room 112</td>
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<td>March 14, 4-6</td>
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<td>The Ohio State University</td>
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<td>Tracy Shuman</td>
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Interested in learning more about Westshore’s Student Government?

Join us at any of our weekly meetings held Mondays at 1:00 p.m. in the CCW Student Government area (located across from the front info. desk)!

“Compassionate Voices Inspiring and Supporting Success”

Westshore Student Government Elections

Check your Tri-C email for an important message about Westshore Student Government Officer Elections. Make sure to vote to make your voice heard!
Get Involved at Westshore
Your leadership is needed!

Student Clubs
Joining a student club gives you an opportunity to enhance your leadership skills and build relationships with your peers.

Active Minds
If you are interested in using your student voice to change the conversation about mental health on college campuses, this is the group for you. Help promote awareness about mental health and help direct students to available campus and community resources.
For more information, contact Dr. Ky Hehlen at 216-987-3901 or kathleen.hehlen@tri-c.edu
Prof. Bhavna Thakkar at 216-987-3903 or bhavna.thakkar@tri-c.edu

Personal Finance & Investment Club
Are you interested in the stock market? Want to learn more about investing and personal finance?
Then join the Personal Finance & Investment Club.
For more information, contact Prof. Todd Williams at 216-987-5923 or todd.williams@tri-c.edu

International Club
Tri C is a diverse community of learners with students and faculty from around the world. Are you interested in learning about other cultures and gaining an international perspective?
Then join the International Club.
For more information, contact Kirsten Windahl at 216-987-5819 or kirsten.windahl@tri-c.edu

The Voice
Student Newspaper
Do you like to write?
Do you like to investigate interesting issues and topics?
The College-wide student newspaper The Voice is looking for students to join the paper and write about the Westshore Campus experience.
We have a great story to tell!
For more information, contact Holly Dufala at 216-987-3926 or holly.dufala@tri-c.edu

Phi Theta Kappa Honor Society
Phi Theta Kappa offers unique opportunities for scholarships, honors studies and civic engagement.
For more information, contact Nancy Weissman at 216-987-4314 or nancy.weissman@tri-c.edu

Student Government
Make your voice heard College-wide. Represent your fellow students and the Westshore Campus by joining student government.
For more information, contact Holly Dufala at 216-987-3926 or holly.dufala@tri-c.edu