

The Open Table Model-creating community for young people leaving foster care

An hour a week can change lives

Fourth Quarter, 2016

The Open Table Mission

Open Table trains congregations and their members, through the Open Table Model, to form communities - called Tables - that transform their vocational and life experiences into tools our Brothers and Sisters in poverty can use to develop and implement plans that create change. The Open Table process is a catalyst for the collaboration of faith communities, government, universities, business and non-profits working through a shared purpose model to move themselves and their communities from a transactional relationship with our Brothers and Sisters in poverty to one of transformation.

While congregation members join Tables to help others, they soon realize they are changed forever by the relationships they create through missional community. In Open Table, relationship is mutual: love, healing, purpose, faith and transformation given by each other for each other. God gives everyone human potential and the Open Table model allows us all to use it to give lives of meaning to each other.

Rapid Expansion of the Movement and the Model

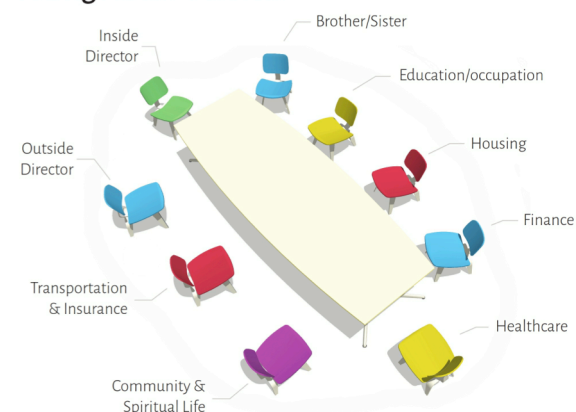
From a chance encounter with a homeless man at a local church outreach, Open Table has expanded to a movement of people and communities in 20 states and 45+ cities and towns. The movement is demonstrating that the abundant, renewable resources of intellectual and social capital in people and their communities can be directly and effectively invested in the human potential of our Brothers and Sisters in poverty. The breakthrough element is a model based on seven years of implementation experience that prepares, teaches, equips and coaches participants for authentic, direct, transformative relationship.

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The Open Table Model

Congregations use the Open Table model to create community and transformation with the homeless, working poor, young adults transitioning out of foster care, veterans, probation/re-entry and victims of human trafficking.

Young Adult Version



* In addition to these chair roles, one Table member will also serve as an advocate for the Brother/Sister

** The Table size for Young Adult with no parenting responsibilities is 6 to 8 Table members, for Young Adults with parenting responsibility the Table size must be 10 to 12 Table members

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Congregations recruit volunteers who are trained to launch "Tables." A Table is the platform through which our Brothers and Sisters in poverty and congregation members enter into relationship, allowing them to create change in their lives. Candidates for Tables pass through a psychological assessment and backgrounding process. Each Table is composed of a group of volunteers that make a year commitment to act as a team of life specialists, encouragers, and advocates for impoverished Brothers, Sisters and families. The Table members, together with the individual or family being helped establish goals, accountability, develop an overall plan and implement it. Table members network in their congregations and the community for resources to support the plan. As Tables end, they transition into an After Plan, through which Table members and Brothers and Sisters are able to remain in supportive community.

Each Table is hosted by a congregation (up to three congregations may share a Table) or a non-profit, such as the YWCA of Greater Cleveland. A required team of volunteers (10-12 people help a family **and 6-7 help a young adult transitioning out of foster care or a veteran**) serve over a 12 month period. Tables generally meet once a week and often at a lesser intensity as the work progresses. We also encourage table members to include the young person in life activities so that they learn from the table member. Table members are primarily generalists, work as teams and also provide leadership for important life domains (see Open Table model diagram). A national team of volunteer Open Table Coaches train a volunteer Leader in each faith community to lead the model and launch Tables within each organization.

In Cleveland, we are focusing on building tables for young adults who are leaving foster care, ages 18-24. We have about 120+ youth each year who leave foster care and then often encounter obstacles like early pregnancy, incarceration, and homelessness. We believe that every young person deserves to know how worthy they are of permanent, supportive relationships. **We need your help. We can't develop these tables without willing volunteers.** If you want to sit on the table, or engage your faith community or see if a group from work might want to sit on at table, please contact our area leader below.

One hour a week could change your life, and the life of a young person.

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Congregation members are implementing Open Table in 17 states and 50+ cities

- Alaska
- Arizona
- California
- District of Columbia
- Florida
- Indiana
- Iowa
- Kansas
- Louisiana
- Maryland
- Michigan
- Missouri
- New York
- Oregon
- Ohio
- Pennsylvania
- Texas

Open Table models serve our Brothers/Sister who are:

- Homeless and working poor
- **Young adults who are homeless and/or transitioning out of foster care**
- Veterans
- Re-entering the community from incarceration
- HIV+ and in poverty
- Survivors of human trafficking

Volunteer Movement

Open Table is led and supported by volunteers in congregations in 50+ cities.

Technical Support for Congregations

Open Table provides comprehensive support for congregations launching Tables.

- Launch Coaching
- Training Manual
- Congregation Coordinator Training
- Open Table Trainers
- Online Tools
- Assigned Area Team
- Psychological assessment and consulting

Evaluation Process

Open Table is working with research organizations to evaluate outcomes for congregations, Table Members and Brothers and Sisters.

International

Developing projects in South Africa and Philippines.