

Tri-C Metro Pantry Donation Suggestions

DRY GOODS

- Juices (apple, cranberry, orange, etc.)
- Crackers
- · Pasta sauces/noodles
- "Instant" stuffing, rice, potatoes, etc.
- Dried fruit (no sugar added)
- Baking mixes/sugar/flour
- Condiments/dressings
- · Mixed nuts/granola
- Spices/seasonings
- Soups
- Breakfast cereals, oatmeal, Pop Tarts
- Peanut butter/jelly
- Cooking oil/cooking spray

REFRIGERATED/FROZEN FOODS

- Bread/buns/rolls
- Butter and margarine
- Cheese (slices, cream, stick)
- Eggs
- · Frozen breakfast foods
- Frozen dinners
- · Fresh or frozen fruits/vegetables
- Frozen meats/fish/poultry
- Hot dogs
- Lunch meats
- Milk
- Yogurt
- Vegan items

PERSONAL CARE ITEMS

- · Laundry detergent/softener
- Toothbrushes/toothpaste
- Bars of soap/body wash
- · Shampoo/conditioner
- Brushes/combs
- Deodorant (male and female)
- Paper towels
- Shaving cream (male and female)
- Toilet paper (four-count packages)
- Lotion
- Feminine hygiene products
- Tissues
- · Infant care items
- Cleaning supplies



Questions?

Contact Student Engagement at 216-987-4239 or scan the QR code for more information.

Visit <u>tri-c.edu/thepantry</u> for more information, including community resources such as the Greater Cleveland Food Bank and United Way of Greater Cleveland.

The Metro Pantry accepts monetary donations as well! Checks should be made payable to "Cuyahoga Community College," with "Metro Campus Pantry" in the memo line. Bring checks to Student Engagement in MCC 200L2. Credit card and recurring monthly donations can be arranged online at the Pantry's website, or by using the QR code above. Please indicate "Metro Campus" in the comment section.