Step-by-Step

COMMUNITY RESOURCE GUIDE

NORTHEAST OHIO • Individuals, families & caregivers

DMS HealthCaring provides compassionate, culturally attuned healthcare navigation and advocacy that empowers individuals and families to make informed, values-based decisions. These are samples of resources and organizations throughout Northeast Ohio that provide services and support to patients and caregivers; inclusion on this list is not an endorsement or recommendation. The caregiver or patient is the final decision maker when choosing and retaining services.

HEALTH INSURANCE

Private insurance • plan-shopping contacts via online searches

Medicare
800-633-4227 • medicare.gov

Ohio Medicaid
800-324-8680 • medicaid.ohio.gov

VETERANS AFFAIRS (VA)

Health benefits for eligible Veterans through hospitals and clinics across Northeast Ohio and the U.S.; VA healthcare is a benefits system, not private insurance.

VA Northeast Ohio Healthcare System
216-791-3800 • va.gov/northeast-ohio-healthcare

OHIO ADVANCE DIRECTIVES

Health Care Power of Attorney: names someone to make healthcare decisions when you cannot.

Living Will: records wishes for life-sustaining treatment if terminally ill or permanently unconscious and unable to decide.

Related planning: organ/tissue donation; a DNR is a separate medical order.

LeadingAge Ohio • free forms
614-444-2882 • leadingageohio.org

ELDER LAW & ESTATE ATTORNEYS

Elder law: Medicaid and long-term care planning. Estate planning: wills, trusts, and powers of attorney.

COMMUNITY SUPPORT CARE SERVICES

The Gathering Place
216-595-9546 • touchedbycancer.org

Free cancer support, education, wellness programs and grief support for patients, caregivers, and families.

Benjamin Rose Institute on Aging
216-791-8000 • benrose.org

Supports older adults and caregivers through care coaching, home and community services, and aging resources.

Dementia Specialty
ElderPath Consulting • Renee Bowles
657-423-3957 • elderpathconsulting.com

Dementia education and consultation on communication, behavior changes, home safety, and caregiver stress, at home or in long-term care.

HOSPICE

Comfort-focused care for people with a terminal illness, including pain and symptom management and emotional, spiritual and bereavement support for patients and families.

HOME HEALTHCARE

Clinician-ordered healthcare delivered at home, such as skilled nursing, wound care, and physical, occupational or speech therapy to support recovery or manage illness.

END-OF-LIFE CARE FACILITY

Malachi House • Cleveland
216-621-8831 • malachihouse.org

A 15-bed home for terminally ill people with limited resources and no available caregiver; hospice care required.

EXTENDED CARE FACILITIES

LeadingAge Ohio • provider association
614-444-2882 • leadingageohio.org

Ohio Department of Aging • Quality Navigator
800-266-4346 • aging.ohio.gov/navigator

Compare nursing homes and assisted living: quality information, inspections, and satisfaction scores.

PRIVATE DUTY HOME CARE

Individualized help at home with bathing, dressing, meals, companionship, and caregiver respite. Often paid privately; skilled nursing is a separate service when needed.

HOME CLEANUP / CLEANOUT

Cleveland Junk Removal Pros
216-301-8599 • clevejunkpros.com

Junk Gone Today • Greater Cleveland
216-269-5555 • junkgonetoday.com

HOME ORGANIZER SERVICES

Declutter with Devon • Greater Cleveland
440-517-4505 • declutterwithdevon.com

Moedini
216-323-9679 • moedini.com

Your Friend Cass
IG @yourfriendcass; email: Hello@yourfriendcass.net

Additional information and community resources are available for consideration. by online search or contact:

Donna Skurzak • 216-406-5232 • donna@dmshealthcaring.com • dmshealthcaring.com

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Updated September 3, 2026; Cass contact pending