

B E N E F I T S  
A C C E S S

PROJECT  
GO!

STUDENT RESOURCE GUIDE



Cuyahoga  
Community  
College



Updated 2.28.2018

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## Advocacy

**Center for Community Solutions**..... (216) 781-2944

1501 Euclid Ave, Cleveland, Ohio 44115

Provides strategic leadership and organizes community resources to improve health, social, and economic conditions through applied demographic research, nonpartisan policy analysis and advocacy, and communication.

[www.communitysolutions.com](http://www.communitysolutions.com)

**Legal Aid Society of Cleveland**..... (216) 687-1900

1223 West 6th St, Cleveland, Ohio 44113

To secure justice and resolve fundamental problems for those who are low income and vulnerable by providing high quality legal services and working for systemic solutions.

[www.lasclev.org](http://www.lasclev.org)

**Domestic Violence & Child Advocacy Center**..... (216) 229-2420

11811 Shaker Blvd, Cleveland, Ohio 44120

Empowers individuals, educates the community, and advocates for justice to end domestic violence and child abuse.

*24-hour Help Line available at (216)391-HELP(4357).*

[www.dvcac.org](http://www.dvcac.org)

**Long-Term Care Ombudsman**..... (216) 696-2719

2800 Euclid Ave, Suite 200, Cleveland, Ohio 44115

Long Term Care Ombudsman supports people who use long-term care services. Investigates concerns and complaints related to long-term care services and advocate for better long-term care systems and a higher quality of care and life for consumers.

[www.ltco.org](http://www.ltco.org)

**Northeast Ohio Coalition for the Homeless**..... (216) 432-0540

3631 Perkins Ave, Suite 3A-3, Cleveland, OH 44114

NEOCH has the goal of finding solutions to homelessness. NEOCH stands poised to take on an exciting, yet challenging new role within the community and continue as the primary resource for homeless advocacy in Northeast Ohio.

[www.neoch.org](http://www.neoch.org)

**Alcoholic/Drug Abuse and Addiction** Inpatient & Outpatient

**Alcohol, Drug Addiction &.....** (216) 241-3400  
**Mental Health Services**

2012 West 25th St, 6th Floor, Cleveland, Ohio 44113

To enhance the quality of life for residents of the community through a commitment to excellence in alcohol, drug, other addiction services, and mental health.

[www.adamhsc.org](http://www.adamhsc.org)

**Catholic Charities Services.....** (216) 334-2900

3135 Euclid Ave, Cleveland, Ohio 44115

Provides outpatient treatment and intensive outpatient treatment for alcohol and drugs.

[www.ccdocle.org](http://www.ccdocle.org)

**Cleveland Treatment Center.....** (216) 861-4246

1127 Carnegie Ave, Cleveland, Ohio 44115

Services provided: opioid treatment, assessment, medical evaluation/social, individual and group counseling, crisis intervention, vocational rehabilitation, and case management.

[www.clevelandtreatmentcenter.org](http://www.clevelandtreatmentcenter.org)

**Community Action Against Addiction.....** (216) 881-0765

5209 Euclid Ave, Cleveland, Ohio 44103

Provides a continuum of outpatient services ranging from prevention/outreach for youth and adults to serving those recovering and maintaining abstinence.

[www.caaaddiction.org](http://www.caaaddiction.org)

**Hitchcock Center for Women.....** (216) 421-0662

1227 Ansel Rd, Cleveland, Ohio 44108

Provides residential and outpatient treatment for women and their children on their journey to recovery from addiction. Also provides walk-in, on-site assessment services to women that are ready to take steps towards recovery.

[www.hcfw.org](http://www.hcfw.org)

## **Alcoholic/Drug Addiction (Cont.)** Inpatient & Outpatient

**Orca House for Men and Women**..... (216) 231-3772

1905 E 89 St, Cleveland, Ohio 44106

Provides hope, caring and recovery services to men, women and families suffering from alcohol and drug addiction in the Greater Cleveland neighborhoods. Services provided: intensive outpatient treatment, individual counseling and case management, residential treatment programs, aftercare program.

[www.orcahouse.org](http://www.orcahouse.org)

### **Recovery Resources**

3950 Chester Ave, Cleveland, Ohio 44114..... (216) 431-4131

2900 Detroit Rd, Cleveland, Ohio 44113..... (216) 431-4131

14805 Detroit Ave, Lakewood, Ohio 44107..... (216) 431-4131

Assistance with alcohol, drug and other addictions, behavioral health, community partnerships, dual diagnosis, employee assistance and alliance, housing, peer support, prevention, and vocational assistance.

[www.recrs.org](http://www.recrs.org)

**Windsor Laurelwood**..... (800) 438-4673

35900 Euclid Ave, Willoughby, Ohio 44094

Provides substance abuse inpatient treatment for adults, children, and military.

[www.windsorlaurelwood.com](http://www.windsorlaurelwood.com)

**Women's Center of Greater Cleveland**..... (216) 651-1450

6209 Storer Ave, Cleveland, Ohio 44102

Provides comprehensive addiction treatment, prevention, and education programs that are client-centered, family-based and recovery-focused.

[www.womensctr.org](http://www.womensctr.org)

## **Alcoholic/Drug Abuse and Addiction** Self Help

**Alcoholics Anonymous (AA)**..... (216) 241-7387

1557 St. Clair Avenue NE, Cleveland, Ohio 44114

Educates individuals on the 12-step process out of alcoholism by sharing strength, and hope to aid to recovery.

[www.aacleve.org](http://www.aacleve.org)

## **Alcoholic/Drug Abuse and Addiction (cont.)** Self Help

**Cleveland Al-Anon/Alateen Office**..... (216) 621-1381

75 Public Square, Suite 701, Cleveland, Ohio 44113

Relatives and friends of alcoholics and addicts who meet regularly to help each other share their experience, strength and hope in order to solve their common problems of living with an alcoholic.

[www.clevelandal-anon.org](http://www.clevelandal-anon.org)

**Narcotics Anonymous (NA)**..... (330) 678-7564

Phone number is to local NA answering service that can assist with matching students with resources to recover from drug addiction.

Includes meeting schedules and locations where addicts meet regularly to help each other stay clean.

[www.naohio.org](http://www.naohio.org)

**Cocaine Anonymous (CA)**..... (216) 220-9899

Phone number is to a local 24-hour CA help line answering service that can assist with matching students with resources to recover from cocaine addiction. Includes meeting schedules and locations where addicts meet regularly to help each other stay clean.

[www.caohio.org](http://www.caohio.org)

## **Childcare**

**Child Care Assistance Program**..... (216) 416-4440

1641 Payne Ave, #200 Cleveland, Ohio 44114

Provided through Cuyahoga County Job and Family Services, the program helps pay a portion of your child care expenses each month.

Eligibility is based on income and household size. Apply by phone or by mail. Application available online.

[www.cjfs.cuyahogacounty.us/en-US/child-care-assistance-program.aspx](http://www.cjfs.cuyahogacounty.us/en-US/child-care-assistance-program.aspx)

**Child Care Directory**.....online resource

Provided through Ohio Job and Family Services, this website allows students to search for child care providers and view inspection reports. Students can search for centers that accept county child care assistance.

[www.jfs.ohio.gov/CDC/childcare.stm](http://www.jfs.ohio.gov/CDC/childcare.stm)

## Clothing

### **Birthright of Greater Cleveland**

960 East 185th St, Cleveland, Ohio 44119..... (216) 486-2800

14701 Detroit Ave #344, Lakewood, Ohio 44107..... (216) 228-5998

5451 Broadview Rd, Parma, Ohio 44134..... (216) 661-6400

Provides maternity and baby clothes, free pregnancy testing and prenatal services.

*24-Hour Hotline available at 1-800-550-4990.*

[birthright.org/clevelandoh.html](http://birthright.org/clevelandoh.html)

### **Dress for Success Cleveland**..... (216) 391-2301

2239 East 55th St, Cleveland, Ohio 44103

Provides professional attire, a network of support and career development tools to help women thrive in work and in life.

[www.cleveland.dressforsuccess.org](http://www.cleveland.dressforsuccess.org)

### **Shoes and Clothes for Kids**..... (216) 881-7463

3500 Lorain Ave, Suite 301, Cleveland, Ohio 44113

Provides a unique service for income-eligible families in Greater Cleveland by distributing new shoes, clothing, and items for infants and youths free of charge.

[www.sc4k.org](http://www.sc4k.org)

### **West Side Catholic Center**..... (216) 631-4741

3135 Lorain Ave, Cleveland, OH 44113

Provides clothing, toiletries and household goods, meals, street survival services, outreach and advocacy, and expressive art healing.

[www.wsccenter.org](http://www.wsccenter.org)

## Community Organizations

### **Fatima Family Center**..... (216) 391-0505

6600 Lexington Ave, Cleveland, Ohio 44103

Services provided: cultural, leadership and development activities for children and youth, homework assistance, summer camp, field trips, recreational programs, parenting classes, computer lab, health screenings, and food pantry.

<http://ccdacle.org/facility/fatima-family-center>

## Community Organizations (cont.)

**The American Legion**..... (800) 433-3318

Several Locations

Provides jobs, benefits, education, health care, family and finances for Veterans. Call or go online to find a location near you.

[www.legion.org](http://www.legion.org)

**The Centers for Families and Children**..... (216) 432-7200

Several Locations

Provides services in early learning, health & wellness, workforce development, youth and family services and emergency food distribution. Call or go online to find a location near you.

[www.thecentersohio.org](http://www.thecentersohio.org)

**The Council for Economic Opportunities**..... (216) 696-9077  
**in Greater Cleveland (CEOGC)**

1801 Superior Ave, Suite 400, Cleveland, OH, 44114

CEOGC is a private, non-profit organization dedicated to serving the low-income people of Greater Cleveland and Cuyahoga County. They assist with workforce development, digital connection, family development, Baby & Mommy support, family stability, Ohio Vocation, Education, Training and Services Project (V.E.T.S), and tax preparation.

<http://www.ceogc.org/>

## Disability Services Blind/Speech/Hearing Impaired

**Cleveland Hearing & Speech Center**..... (216) 231-8787

11635 Euclid Ave, Cleveland, OH 44106

Additional Centers listed below

Services Provided: 24 hour sign language interpreting, American Sign Language instruction, neurophysiological assessment services, deaf education programs, hearing screenings for all ages, hearing aid series (sales, fittings, testing, programming), free family-focused outreach services for children aged birth to 3 years, speech-language and learning services for all ages (screenings, evaluations, treatment), individual and group therapy, and adult support groups. Financial assistance programs may be available for some services.

[www.chsc.org](http://www.chsc.org)



## **Disability Services (cont.)** Blind/Speech/Hearing Impaired

### **Additional Centers:**

#### **Community Center for the Deaf & Hard of Hearing – Lorain**

1913 North Ridge Rd East Lorain..... (440) 277-4602

#### **South Euclid Clinical Services**

4257 Mayfield Rd South Euclid, Ohio 44121..... (216) 382-4520

#### **Broadview Heights Clinical Services**

7000 Town Center Drive..... (440) 838-1477

Broadview Heights, Ohio 44147

**Cleveland Sight Center**..... (216) 791-8118

TTY number..... (216) 791-8119

1909 East 101<sup>st</sup> St, Cleveland, OH, 44106

Provides independent living services, educational programs, employment services, support programs, summer activities for teenagers and young adults.

[www.clevelandsightcenter.org](http://www.clevelandsightcenter.org)

## **Disability Services** Developmental Disabilities

### **Achievement Centers for Children**

4255 Northfield Rd, Highland Hills, Ohio, 44122..... (216) 292-9700

24211 Center Ridge Rd, Westlake, OH, 44145..... (440) 250-2520

15000 Cheerful Lane, Strongsville, OH, 44136..... (440) 238-6200

Provides support, services, and programs that help children with wide range of physical, emotional, neurological, or developmental disabilities achieve their full potential in life.

[www.achievementcenters.org](http://www.achievementcenters.org)

**Cuyahoga County Board of..... (216) 241-8230**  
**Developmental Disabilities**

#### **Several Locations**

Services included in-home early intervention, specialized therapies (speech language, occupational, physical), psychological services, family resource and respite care, supported living, vocational training, community employment, rehabilitation, and crisis interventions.

<http://www.cuyahogabdd.org/>

## **Disability Services (cont.)** Developmental Disabilities

**Help Foundation Inc**..... (216) 432-481

26900 Euclid Ave, Euclid, Ohio 44132

Services provided: early childhood services and support, school-age services and support, adult services and support, family support program, community and Medicaid services, support administration, behavioral and healthcare services, assistive technology, transportation, and quality assurance.

<http://www.helpfoundationinc.org/>

## **Disability Services** Physical Disabilities

**Arc of Greater Cleveland**..... (216) 622-0755

2421 Community College Avenue, Cleveland, Ohio 44115

For people with intellectual and developmental disabilities. Can assist families and individuals with problems in educational, residential and vocational systems.

[www.thearcofgreatercleveland.org](http://www.thearcofgreatercleveland.org)

**Ohio Library for the Blind and Physically Handicapped**..... (216) 623-2911

17121 Lakeshore Blvd, Cleveland, Ohio 44110

Provides reading and relay services, regional groups, and advocacy as well as administers a free library program of braille and audio materials circulated to eligible borrowers in the State of Ohio.

[www.cpl.org/thelibrary/ohio-library-for-the-blind-physically-disabled](http://www.cpl.org/thelibrary/ohio-library-for-the-blind-physically-disabled)

## **Education**

**College Now**..... (216) 241-5587

50 Public Square, Suite 1800, Cleveland, OH 44115

Provides Greater Cleveland with guidance and support to prepare for and graduate from college, including: providing college access and success advising, financial aid counseling, and scholarship services.

[www.collegenowgc.org](http://www.collegenowgc.org)

## Education (cont.)

**Head Start/CGEOC**..... (216) 696-0770

1801 Superior Ave, Suite 400, Cleveland, OH 44114

Provide high-quality early childhood education programs in safe, nurturing environments. Also provides health, mental health and dental screenings, nutritious meals, and family literacy opportunities.

[www.ceogc.org/early-childhood-education/head-start](http://www.ceogc.org/early-childhood-education/head-start)

**The PNC Fairfax Connection**..... (216) 391-4677

8220 Carnegie Ave Cleveland, Ohio 44103

Provides free financial education seminars/workshops for individuals and business owners that focus topics related to collaboration, partnership, spending, saving, investing, and borrowing.

[www.pncfairfaxconnection.com](http://www.pncfairfaxconnection.com)

## Employment Information Job Counseling/Placement

**Ohio Means Jobs**..... (888) 296-7541

1910 Carnegie Ave, Cleveland, Ohio 44115..... (216) 777-8200

11699 Brookpark Rd, Parma, Ohio 44130..... (216) 898-1366

A vocational training and job placement service for unemployed or underemployed individuals, who seeks career change and counseling. Services Provided: A job coach to work side-by-side with individuals teaching job skills/development, career counseling/career exploration and the basic skills in obtaining and retaining employment through a wide range of referrals.

[www.employmentconnection.us/en-US/home.aspx](http://www.employmentconnection.us/en-US/home.aspx)

**Goodwill Industries of Greater Cleveland**..... (800) 942-3577

1360 East 9th St, Cleveland, Ohio 44114

Services Provided: A job coach to work side-by-side with individuals teaching job skills/development, career counseling/career exploration and the basic skills in obtaining and retaining employment through a wide range of referrals.

[www.goodwillgoodskills.org](http://www.goodwillgoodskills.org)

## **Employment Information** Vocational Rehabilitation

**The City Mission**..... (216) 431-3510

5310 Carnegie Ave Cleveland, Ohio 44103

Provides personalized vocational training for individuals to successfully enter the workforce, and find a lifelong career.

[www.thecitymission.org](http://www.thecitymission.org)

**Vocational Guidance Services**..... (216) 431-7800

2239 East 55th St, Cleveland, Ohio 44103

Provides a wide array of vocational rehabilitation programs which, based on each person's individual needs, are designed to help him or her obtain and maintain employment in today's job market. Services provided: work evaluation services, work adjustments, skills training, specialized program services, job placement services, and social enterprise services.

[www.vgsjob.org](http://www.vgsjob.org)

## **Financial Advising**

**Apprisen**..... (216) 231-5322

21403 Chagrin Blvd, Suite 102, Beachwood, Ohio 44122

Provides free individual counseling to help people develop a budget, understand their credit report and manage debt. Can contact creditors to develop payment plans and many locations in Cuyahoga County.

[www.apprisen.com](http://www.apprisen.com)

**Burten Bell Carr Development**..... (216) 341-1455

7201 Kinsman Rd, Ste.104, Cleveland, Ohio 44104

Provides multi-session workshop that aims to teach basics of debt management/credit repair, wealth building through savings, personal budgeting, and an overview of the home-buying process.

[www.bbcdevelopment.org](http://www.bbcdevelopment.org)

## **Cuyahoga County Department of Consumer**

**Affairs**..... (216) 443-7035

2079 E. 9<sup>th</sup> Street, Cleveland, Ohio 44115

Provides variety of resources to help people manage credit & debt as well as money. Consumer protection and tax help information is also available.

[www.consumeraffairs.cuyahogacounty.us](http://www.consumeraffairs.cuyahogacounty.us)

## Financial Advising (cont.)

**Community Financial Centers**..... (216) 453-1445  
11327 Shaker Blvd, Suite 500W Cleveland, Ohio 44101  
Offers network of professionally trained managers dedicated to financial empowerment, helping clients improve personal finances and execute short & long.  
[www.communityfinancialcenters.org](http://www.communityfinancialcenters.org)

**Neighborhood Housing Services**..... (216) 458-4663  
**of Greater Cleveland**  
5700 Broadway Ave, Cleveland, Ohio 44127  
Helps Cuyahoga County residents to save and invest money, budget, and obtain a financial goal such as home ownership, school tuition, retirement, or debt reduction.  
[www.nhscleveland.org](http://www.nhscleveland.org)

## Food Pantries

**Greater Cleveland Food Bank**..... (216) 738-2265  
15500 South Waterloo Road, Cleveland, Ohio 44115  
The Food Bank operates a community food distribution center, providing food and other critical grocery products annually to more than 800 local food pantries, hot meal programs, shelters, mobile pantries, programs for the elderly and other nonprofit agencies.  
[www.greaterclevelandfoodbank.org](http://www.greaterclevelandfoodbank.org)

**Hunger Network of Greater Cleveland**..... (216) 619-8155  
614 W. Superior Ave, Suite 744, Cleveland, OH 44113  
Provides a network of over 100 pantries and hot meal programs placed throughout Cuyahoga County. Call or go to the online to find the local of a local pantry or meal program near you.  
[www.hungernetwork.org](http://www.hungernetwork.org)

**Meals on Wheels**..... (888) 998-6325  
Several Locations  
Provides ready to eat, hot meals delivered to homes for the elderly. Call or go online to find locations near you.  
[www.mealsonwheelsamerica.org](http://www.mealsonwheelsamerica.org)

## Housing

**CHN Housing Partners.....** (216) 574-7100

2999 Payne Ave, Cleveland, Ohio 44114

Housing options include homes for-sale, Section 8 project-based rental apartments, and a 15-year Lease Purchase homeownership program for families who could not otherwise afford to purchase a home. Through partnerships with other organizations, they also develop housing for chronically homeless individuals.

[www.chnnet.com](http://www.chnnet.com)

**Cleveland Tenants Organization.....** (216) 432-0617

5700 Broadway Ave, Cleveland, OH 44127

Services Provided: Addresses housing issues by assisting all renters with landlord/tenant issues and serving as their advocate.

[www.clevelandtenants.org](http://www.clevelandtenants.org)

**Cuyahoga Metropolitan Housing Authority.....** (216) 348-5000

8120 Kinsman Road, Cleveland, Ohio 44104-3101

Owns and manages property and administers rent subsidy programs to provide eligible low-income persons good, safe, affordable housing. CMHA also provides homeownership opportunities for qualified families; employment training opportunities, and other special training and employment programs for residents; and support programs for the elderly.

[www.cmha.net](http://www.cmha.net)

**Emerald Development and Economic Network.....** (216) 961-9690

7812 Madison Ave, Cleveland, Ohio 44102

Provides, operates, and advocates for safe, decent, affordable housing and support services for persons living with disabilities or special needs who have low incomes and may be experiencing homelessness.

[www.edeninc.org](http://www.edeninc.org)

**Housing Cleveland.....** 2-1-1

1849 Prospect Ave, Cleveland, Ohio (Housing Services Office)

Help people list and find affordable housing in Cuyahoga County, Ohio. Renters search for free, landlords list rental housing for free.

[www.housingcleveland.org](http://www.housingcleveland.org)

## Housing (Cont.)

### Neighborhood Housing Services of..... (216) 458-4663 Greater Cleveland

5700 Broadway Ave Cleveland, Ohio 44127

Helps Cuyahoga County residents to save and invest money, budget, and obtain a financial goal such as home ownership, school tuition, retirement, or debt reduction.

[www.nhscleveland.org](http://www.nhscleveland.org)

### The Housing Center..... (216) 361-9240 (Housing Research & Advocacy Center)

2728 Euclid Ave., Suite 200 Cleveland, Ohio 44115

Promotes fair housing & diverse communities and works to eliminate housing discrimination in Northeast Ohio by providing effective research, education and advocacy.

[www.thehousingcenter.org/](http://www.thehousingcenter.org/)

## Housekeeping/Home Repair

### Division of Neighborhood Services..... (216) 664-2045

601 Lakeside Ave, Room 302, Cleveland, Ohio 44114

Administers programs that strengthen city neighborhoods and provides services to homeowners, tenants, merchants, and institutions that preserve dwellings. Direct loans grants are available to property owners for repairs, renovation, energy conservation, and safety improvements. Programs include: CASH Rehab Loans, Housing Enhancement Loan, Repair-A-Home Loans, Home Weatherization Assistance, Housing Enhancement Loan, Historic Preservation Loan, Senior Homeowner Assistance Grant Lead Hazard Control Pro- gram, and Cleveland Action to Support Housing (CASH).

[www.city.cleveland.oh.us/CityofCleveland/Home/Government/CityAgencies/CommunityDevelopment/DivisionofNeighborhoodServices](http://www.city.cleveland.oh.us/CityofCleveland/Home/Government/CityAgencies/CommunityDevelopment/DivisionofNeighborhoodServices)

### Senior Home Maintenance Assistance..... (216) 664-2833

75 Erieview Plaza, 2<sup>nd</sup> Floor, Cleveland, OH 44144

Services provided: free chore services for low income Clevelanders aged 60 and up, no cost leaf and lawn programs, home repairs through the senior initiative and the senior homeowner assistance program, and tree and tree branch removal.

[www.city.cleveland.oh.us/CityofCleveland/Home/Government/CityAgencies/Aging/HomeMaintenance](http://www.city.cleveland.oh.us/CityofCleveland/Home/Government/CityAgencies/Aging/HomeMaintenance)

## Information/ Referral Services

**Ohio Guidestone**..... (800) 639-4974

Several Locations

Offers support services for families with various organizations including the Stepstone Academy, childcare services, and counseling services. Call or go online to find locations near you.

[www.ohioguidestone.org](http://www.ohioguidestone.org)

**Starting Point**..... (800) 880-0971

4600 Euclid Ave. Suite 500, Cleveland, Ohio 44103

Services Provided: Referrals to parents for licensed daycare centers, early education programs, and focuses on the improvement of childcare/education issues.

[www.starting-point.org](http://www.starting-point.org)

## Legal Assistance/Tenant's Rights

**Cleveland Tenants Organization**..... (216) 432-0617

5700 Broadway Ave, Cleveland, OH 44127

Provides information and referrals regarding landlord/tenant dispute resolution, mediation services, eviction, foreclosure, and information regarding local, state, and federal fair housing and related health laws.

[www.clevelandtenants.org](http://www.clevelandtenants.org)

**Legal Aid Society of Cleveland**..... (216) 687-1900

1223 West Sixth Street, Cleveland, Ohio 44113

Provides free legal advice and representation to low income people for civil matters in five counties in northeast Ohio: Ashtabula, Cuyahoga, Geauga, Lake, and Lorain. *Does not handle criminal cases or traffic violations.*

[www.lascllev.org](http://www.lascllev.org)

**North Star Neighborhood Reentry Resource Center**..... (216) 881-5440

1834 East 55th Street, Cleveland, Ohio 44103

An innovative resource center that helps individuals who have been involved in the criminal justice system navigate through barriers to become law abiding, contributing members of their families and their communities.

[www.northstareentry.org](http://www.northstareentry.org)



## Medical/Health Services

### **Health Insurance Marketplace**.....online resource

Starting in 2014, most people must have health coverage or pay a fee (the “individual shared responsibility payment”). You can get an exemption in certain cases. Get quality coverage at a price you can afford. Open enrollment in the Health Insurance Marketplace opens periodically.

[www.healthcare.gov](http://www.healthcare.gov)

### **MetroHealth**..... (216) 778-7800

2500 MetroHealth Drive, Cleveland, Ohio 44109

Offers free medical care for low-income individuals who do not qualify for Medicaid, and do not have insurance. The program can help you get the services and medications you need to stay healthy.

<http://www.metrohealth.org>

### **Molina Healthcare Inc**..... (800) 642-4168

Several locations

Provides quality health services to financially vulnerable families and individuals covered by government programs. Molina Healthcare has health plans, medical clinics and a health information management solution. Call toll free number or go online to find the location near you.

[www.molinahealthcare.com](http://www.molinahealthcare.com)

### **Neon Health-Hough Health Center\***..... (216) 231-7700

8300 Hough Avenue, Cleveland, Ohio 44103

Provides comprehensive primary care services and health programs for adults and children. NEON accepts Medicare, Medicaid, CareSource, Buckeye Community Health Plan, United HealthCare Plan, Molina Healthcare, Paramount as well as Medical Mutual of Ohio, Anthem, CIGNA and other commercial insurance plans. Services are also available on a sliding fee scale, incorporating patient’s income and family size.

*\*Several additional NEO locations available.*

[www.neonhealth.org](http://www.neonhealth.org)

## Medical/Health Services (Cont.)

### **Planned Parenthood**..... (800) 230-7526

Several NEO Locations

Services provided: Birth control, abortion services, HIV Testing, gynecological exams, male health services, emergency contraception, pregnancy testing & services, STI/STD testing and treatment, and more. Call toll free number or go online to find a location near you.

[www.plannedparenthood.org](http://www.plannedparenthood.org)

### **The Gathering Place**..... (216) 595-9546

23300 Commerce Park, Beachwood, Ohio 44122

25425 Center Ridge Road, Westlake, Ohio 44145

Offers a wide variety of free programs and services that address the emotional, physical, spiritual, and social needs of those touched by cancer.

[www.touchedbycancer.org](http://www.touchedbycancer.org)

## **Mental Health** Inpatient, Outpatient & Emergencies

### **Applewood Centers**..... (216) 696-5800

2525 East 22nd Street, Cleveland, Ohio 44115

A private, non-profit agency providing mental health services, social services and education to children, adolescents and families living in Cuyahoga and Lorain counties. Services include residential treatment programs, foster care and adoption, and an array of community-based services including psychiatry, in-home therapy, school-based counseling, prevention and consultation services.

[www.applewoodcenters.org](http://www.applewoodcenters.org)

### **Domestic Violence and Child Advocacy Center**..... (216) 229-2420

Services Provided: Individual counseling, therapeutic services, support groups, domestic violence emergency shelter, educational classes, prevention programs, and more.

*24-hour Help Line available at (216)391-HELP(4357).*

[www.dvcac.org](http://www.dvcac.org)

## **Mental Health (Cont.)** Inpatient, Outpatient & Emergencies

### **Cleveland Clinic Lutheran Hospital**..... (216) 696-4300

1730 West 25th Street, Cleveland, Ohio 44113

Services Provided: Stress and anger management, anxiety and depression management, family counseling, individual and group therapy, inpatient and outpatient treatment for patients of all ages.

[www.my.clevelandclinic.org/locations\\_directions/Regional-Locations/lutheran-hospital](http://www.my.clevelandclinic.org/locations_directions/Regional-Locations/lutheran-hospital)

### **FrontLine Service**..... (216) 623-6555

1744 Payne Avenue, Cleveland, Ohio 44114

Provides suicide prevention for children and adults whose safety and health are threatened by mental health challenges or overwhelming stressors.

*24/7 Crisis Hotline available at (216) 623-6888.*

[www.frontlineservice.org](http://www.frontlineservice.org)

### **Saint Vincent Charity Medical Center**..... (216) 861-6200

2351 East 22nd Street, Cleveland, Ohio 44115

Provides inpatient acute crisis stabilization and psychiatric emergency room for acute mental health issues.

[www.stvincentcharity.com](http://www.stvincentcharity.com)

## **Recreation**

### **Boys and Girls Club of Cleveland**..... (216) 883-2106

Several Locations

Connects youth to a network of adults and peers to provide them with increased emotional support, skill development to, self-confidence and self- awareness. Offers a K-8 after school program. Go online to find a location near you.

[www.clevelandkids.org](http://www.clevelandkids.org)

### **Cleveland Division of Recreation**..... (216) 664-2570

601 Lakeside Avenue, Room 8, Cleveland, Ohio 44114

Provides recreational opportunities and cultural experiences for all ages and interest groups throughout the city of Cleveland and surrounding suburbs. Recreational programs and swimming are free for City of Cleveland residents. The link below will show all Cleveland locations, contact information, and schedules.

[www.city.cleveland.oh.us](http://www.city.cleveland.oh.us)

## Recreation (cont.)

### **YMCA of Greater Cleveland**..... (216) 883-2106

Several Locations

Services provided: Adult and youth sports, aquatics, child care, summer camp, group exercise, personal training, nutrition counselling, and more. Financial assistance is available. Go online to find a location near you.

[www.clevelandymca.org](http://www.clevelandymca.org)

## Shelters

### **Coordinated Intake**..... (216) 674-6700

1736 Superior Ave, Cleveland, Ohio 44114

Serves men, women, and families who are newly homeless. Hours of operations are Monday-Friday 8am-8pm. Services provided: Exploration of alternatives to shelter, referral for bed, locker, and support while in shelter, and can check eligibility for transitional housing and treatment.

[www.ohs.cuyahogacounty.us/en-US/information-homeless.aspx](http://www.ohs.cuyahogacounty.us/en-US/information-homeless.aspx)

### **Crossroads Men's Crisis Center**..... (216) 431-3510

5310 Carnegie Avenue Cleveland, Ohio 44103

Facilitated through The City Mission. Provides programs to assist with housing and other basic needs for men in crisis. No referral required.

[www.thecitymission.org/crossroads-mens-crisis-center/](http://www.thecitymission.org/crossroads-mens-crisis-center/)

### **Laura's Home Women's Crisis Center**..... (216) 472-5500

18120 Puritas Ave, Cleveland, Ohio 44135

Facilitated through The City Mission. Provides programs and housing for women and children to assist with housing and other basic needs for individuals in crisis. Referral through Coordinated Intake required.

[www.thecitymission.org/lauras-home-womens-crisis-center](http://www.thecitymission.org/lauras-home-womens-crisis-center)

### **Men's Shelter at 2100 Lakeside**..... (216) 566-0047

2100 Lakeside Ave E, Cleveland, Ohio 44114

Shelter serves up to 350 men per night with an additional 30-60 beds available at partner overflow sites. Social service partners provide on and off-site services to increase resident self-sufficiency. The staff offers hope while providing support for men in transition and in crisis. No referral required.

[www.lutheranmetro.org](http://www.lutheranmetro.org)

## Shelters (cont.)

**Next Step Recovery House**..... (216) 391-6672

3746 Prospect Ave, Cleveland, Ohio 44115

Provides services for women who have recently completed substance abuse treatment and are homeless, or currently receiving out-patient substance abuse treatment and are homeless. Immediate shelter is not available; clients must be accepted into program first.

[www.norainc.org/next-step-recovery-house](http://www.norainc.org/next-step-recovery-house)

## Translation/Interpretation Services

**International Services Center**..... (216) 281-4566

1859 Prospect Avenue, Cleveland, Ohio 44115

Provides assistance to refugees, immigrants and other new Americans in overcoming social, cultural and economic barriers to establishing a successful new life in the United States. Assists immigrants in employment and language barriers.

[www.refugees.org/field-office/cleveland](http://www.refugees.org/field-office/cleveland)

## Transportation

**Alta House**..... (216) 421-1536

12510 Mayfield Road, Cleveland, Ohio 44146

Provides transport for seniors to medical/dental/vision appointments, grocery stores, banks, discount stores and day trips within Ohio. Seniors may also receive round trip transportation to the center for various activities and programs offered. Individual transportation and one-on-one assistance to any personal or necessary appointments are also available.

[www.altahouse.org](http://www.altahouse.org)

**Cuyahoga Community College**..... (216) 987-6000

Several Locations

Tri-C has partnered with the RTA to support the RTA Student U-Pass Program. The U-Pass allows students to ride Greater Cleveland RTA busses for free during the Fall, Spring, and Summer semesters. Eligible students must be enrolled in at least one paid credit hour per specified semester.

[www.tri-c.edu](http://www.tri-c.edu)

## Utility Assistance

### **Assurance Wireless Phone Program..... (888) 898-4888**

50 Public Square, Suite 1800, Cleveland, Ohio 44113

Federal lifeline program brought to you through Virgin Mobile that provides a free mobile phone and service. Enrollment is available to individuals who qualify based on federal or state-specific eligibility criteria. You may qualify if you are on certain public assistance programs, like Medicaid or Supplemental Nutrition Assistance Program (SNAP). You can also qualify based on your household income.

[www.assurancewireless.com](http://www.assurancewireless.com)

### **Cleveland Housing Network..... (216) 518-4014**

2999 Payne Ave, Ste.306, Cleveland, Ohio 44114

Provides programs to aid with past-due utility bills, shut-off crisis, and establish affordable monthly payment plans. Can assist customers who utilities are shut off, who are transferring or applying for new utility service, and those needing crisis assistance. Service is limited to one person per household.

[www.chnnet.com](http://www.chnnet.com)

### **SAFELINK Wireless..... 1-800-Safelink**

50 Public Square, Suite 1800, Cleveland, Ohio 44113

Provides a program for Income eligible households provided by TracFone Wireless, Inc. These requirements are based on a person's participation in a state or Federal support programs or by meeting the Income Poverty Guidelines as defined by the U.S. Government. Service is limited to one person per household.

[www.safelinkwireless.com](http://www.safelinkwireless.com)

## Utility Assistance (cont.)

### Ohio Energy Assistance Programs..... (800) 282-0880

Programs are provided through the Ohio Developmental Service Agency. Applications for the following programs can be found online or at many community agencies.

#### **Home Energy Assistance Program (HEAP)**

Helps eligible Ohioans pay their home energy bill. The benefit is applied directly to a customer's utility bill or bulk fuel bill. The amount of the benefit is determined by the number of people in the household, the heating source, and the region of residence.

[www.development.ohio.gov/is/is\\_heap.htm](http://www.development.ohio.gov/is/is_heap.htm)

#### **Summer Crisis Program (SCP)**

Provides a one-time benefit annually to your electric bill, and/or for the purchase of fans and air conditioners.

[www.development.ohio.gov/is/is\\_heapsummer.htm](http://www.development.ohio.gov/is/is_heapsummer.htm)

#### **Winter Crisis Program (WCP)**

Provides a benefit once per heating season to your main and/or electric accounts. The benefit can be used by eligible households that are disconnected (or have a pending disconnection notice), need to establish new service or pay to transfer service or have 25% (or less) of bulk fuel. The program can also assist with fuel tank placement, fuel tank testing and furnace repair.

[www.development.ohio.gov/is/is\\_heapwinter.htm](http://www.development.ohio.gov/is/is_heapwinter.htm)

#### **Percentage of Income Payment Plan Plus (PIPP)**

Extended payment arrangement that helps Ohioans maintain their natural gas and/or electric service. Program provides customers with a consistent payment amount year round and customers who pay on-time and in-full receive credit for the balance of their current bill as well as credit to reduce their outstanding balance.

[www.development.ohio.gov/is/is\\_pipp.htm](http://www.development.ohio.gov/is/is_pipp.htm)

## Youth Services

**Boys and Girls Club of Cleveland**..... (216) 883-2106

Several Locations

Connects youth to a network of adults and peers to provide them with increased emotional support, skill development to, self-confidence and self- awareness.

Offers a K-8 after school program. Go online to find a location near you.

[www.clevekids.org](http://www.clevekids.org)

**Boy Scouts of America**..... (216) 861-6060  
**Greater Cleveland Council**

2241 Woodland Avenue, Cleveland, Ohio 44115

Increases youth education and understanding in care areas, through exercise implemented in lesson plans.

[www.councils.scouting.org/Council440](http://www.councils.scouting.org/Council440)

**Girl Scouts North East Ohio**..... (216) 861-6060

2241 Woodland Avenue, Cleveland, Ohio 44115

Girl scouting mission is to build girls of courage, confidence, and character, who make the world a better place.

[www.councils.scouting.org/Council440](http://www.councils.scouting.org/Council440)



# TRI-C RESOURCES

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## Cuyahoga Community College Services and Resources

### **Access Program (Students with Disabilities)**

East.....	(216) 987-2052
Metro.....	(216) 987-4344
West/Brunswick.....	(216) 987-5079
Westshore/CCW.....	(216) 987-3900

Supports students with disabilities at any Tri-C campus, site, location or online course. Services are individualized and may include advising, test proctoring, support groups, books in alternate format, assistive technology, and sign language interpreting.

[www.tri-c.edu/access](http://www.tri-c.edu/access)

### **Career Center**

East.....	(216) 987-2567
Metro.....	(216) 987-4913
West/Brunswick.....	(216) 987-5575
Westshore/CCW.....	(216) 987-5889

Provides a variety of FREE services to support and prepare students, alumni and community members for a successful job search through workshops and individual career coaching. Can connect you with employers and career-related resources during your education and after degree completion.

[www.tri-c.edu/career-services](http://www.tri-c.edu/career-services)

### **Dental Hygiene Clinic (Metro Campus)..... (216) 987-4413**

Metro Health Careers & Sciences (MHCS), Room 127

Operates the clinic as an integral part of the Dental Hygiene Program, staffed by Registered Dental Hygienists with advanced educational degrees and a Supervising Dentist. Serves adults and children. Fees range from \$5-\$15 and includes services such as: medical and dental health history, oral hygiene instruction, x-rays, cleanings, and oral cancer exam.

[www.tri-c.edu/community/community-services/dental-hygiene-clinic.html](http://www.tri-c.edu/community/community-services/dental-hygiene-clinic.html)

### **Encore 55+ Adult Programs..... (216) 987-2274**

For more than 40 years, Encore Senior Adult Programs at Tri-C has been a premier provider of education to individuals 55 and older. To enhance learning opportunities and community engagement, Tri-C offers both on- and off-campus experiences. The learning possibilities are endless through Encore Campus Fridays and the Neighborhood Scholars programs.

[www.tri-c.edu/encore](http://www.tri-c.edu/encore)

**Massage Therapy Clinic (Eastern Campus)..... (216) 987-2417**

Health Careers and Technology Building (EHCT) Room 124

Educational facility where students provide massages, at a low cost, under the supervision of licensed massage therapists. Prices range from \$20-\$35.

[www.tri-c.edu/community/community-services/massage-therapy-clinic](http://www.tri-c.edu/community/community-services/massage-therapy-clinic)

**Preventative Care Center (Metro Campus)..... (216) 987-3555**

Metro Health Careers & Sciences Building (MHCS), 1st Floor

Provides uninsured and underinsured adults with health care services that will enhance your health, maintain your wellness and offer education in preventative care. Students from the Dietetic Technology, Medical Assistant, Occupational Therapy Assisting, and Physical Therapy Assistant programs are able to gain valuable, hands-on experience in their related fields while practicing with participants. All students are under the direct supervision of licensed professionals.

[www.tri-c.edu/preventative-care-center](http://www.tri-c.edu/preventative-care-center)

**Preventative Care Center Services:**

- Services are offered at a very low cost
- Health measurements provided include: blood pressure, BMI, bone density, cholesterol screenings, blood glucose
- Assessment and rehabilitation in activities of daily living, home management, work, community and leisure activities.
- Programs to reduce the risk of falls in older adults.
- Strengthening, stretching, endurance programs and postural training to prevent and manage back and neck pain.
- Use of heat, cold, ultrasound and electrical stimulation for pain management and healing.
- Exercise and education programs to promote wellness, manage life-long conditions and prevent injuries.
- Stress management and relaxation techniques
- Nutrition coaching
- Optical dispensary to assist with the fitting and purchase of eyeglasses

## **Student Life**

East.....	(216) 987-2045
Metro.....	(216) 987-4610
West.....	(216) 987-5428
Westshore.....	(216) 987-5929

Provides student leadership training and opportunities, activities and special events, locker rental, voter registration and advises each campus Student Government and campus newspaper staff. The office houses more than 30 clubs that focus on topics like multiculturalism, religion, pottery, Honors, gay/lesbian issues and chess.

[www.tri-c.edu/student-life](http://www.tri-c.edu/student-life)

## **Technology Learning Centers**

East.....	(216)987-0595
Metro.....	(216)987-4292
West.....	(216)987-5656
Westshore.....	(216)987-3888
CCW.....	(216)987-5888
Brunswick.....	(216)987-3877

Provides students, faculty, staff and community users access to computers with internet and various software applications. The TLC's are equipped with both Windows and at some sites MAC workstations. Each campus TLC has an open lab with network laser printers and support staff to assist users.

[www.tri-c.edu/learning-commons/technology-learning-centers](http://www.tri-c.edu/learning-commons/technology-learning-centers)

## **Veterans Services**

East.....	(216)987-2013
Metro.....	(216)987-6137
West.....	(216)987-5204
Westshore/CCW/Brunswick.....	(216)987-3536

Whether you're a discharged veteran, still serving on active duty, or a member of the Guard and Reserve, you and your families are welcome at Tri-C. The College stands ready to support you with services including: Veterans education benefits, Veterans Upward Bound, counseling, special classroom needs (ACCESS), programs and certifications, career planning, scholarships & grants, Student Life, distance learning, and Veterans Web Resources.

<http://www.tri-c.edu/veterans>

**Women in Transition**

- East..... (216)987-2272
- Metro..... (216)987-4974
- West..... (216)987-5091
- Westshore/CCW..... (216)987-5764

Provides free, non-credit eight-week session is designed to take the participant through a period of transformation and empower them to move life-forward through education and training. Curriculum is based on personal development, career exploration, computer class, and workshops. Program also assists with financial aid resources, GED information, life management skills, pre-employment skills, and nutritional well-being.

[www.tri-c.edu/women-in-transition](http://www.tri-c.edu/women-in-transition)

**Writing Centers**

- East..... (216)987-2041
- Metro..... (216)987-4984
- West..... (216)987-5305
- Westshore..... (216)987-5902

Provides free writing consultation for students, faculty, staff, and the community. This includes writing for all courses, as well as professional, creative, and personal writing. The consultants in the Writing Center can help writers during any phase of the writing process, on any subject, from brainstorming to a final copy and anywhere in between. They assist in document preparation, citation style, research, and other technical aspects of the writing process.

[www.tri-c.edu/community/community-services/writing-center](http://www.tri-c.edu/community/community-services/writing-center)

**Youth Summer Camps..... (216) 987-2333**

Several Locations

Summer Camps for children and teenagers are designed to attract students eager to learn about a wide variety of topics from cutting-edge technology, foreign language & culture, music, sports, photography, cinematography and culinary.

[www.tri-c.edu/youth-programs/youth-summer-camp](http://www.tri-c.edu/youth-programs/youth-summer-camp)



United Way of  
Greater Cleveland



## 211 FIRST CALL FOR HELP

2-1-1 is a free community service you can use to get information about social, health and government resources 24 hours a day, every day and serving Cuyahoga, Ashland, Geauga, Lawrence, Medina, Portage, Wayne, and Holmes Counties.

**Services Provided:** Call or visit the website to be referred for help or assistance in the following areas:

- Donations and Volunteering
- Education
- Recreation and the Arts
- Employment and Income Support
- Family Support and Parenting
- Food
- Clothing and Household Items
- Health Care
- Housing and Utilities
- Legal Services
- Financial Management
- Mental Health and Counseling
- Municipal and Community Services
- Support Groups
- Substance Abuse and Other Addictions
- Disaster Services

Simply dial 2-1-1 or browse the online directory at  
[www.211cleveland.org/](http://www.211cleveland.org/)

B E N E F I T S  
A C C E S S



**Benefits Access/Project GO!** is a free service to assist qualifying Tri-C® students with additional resources that can ease financial challenges and barriers to an education through utilities assistance, food assistance, child care and health care.

Contact **Benefits Access/Project Go!**  
at the following locations:

**Metropolitan Campus**

Student Services Building  
Room G23  
(216) 987-3122

**Eastern Campus**

Student Services Building  
Enrollment Center  
(216) 987-2705

**Western Campus**

Student Services Building  
Room 224  
(216) 987-5859

**Corporate College West**

Student Services Building  
Room 108  
(216) 987-2031

— or —

Email your questions to [ProjectGo@Tri-C.edu](mailto:ProjectGo@Tri-C.edu)