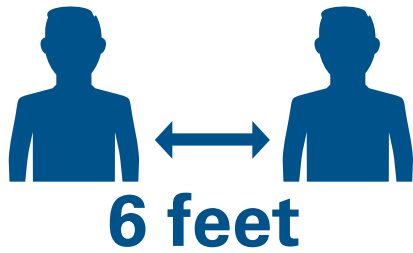


Prevent the Spread of COVID-19



PLEASE PRACTICE SOCIAL DISTANCING

We want to help protect our patients, our community and you.

To support public health, please maintain a minimum distance of 6 feet, (about 4 chairs) from others during your time at MetroHealth.



Avoid Crowds

- Avoid large groups of people
- During necessary trips (grocery, pharmacy), stay 6 feet away from others
- Do not shake hands



Stay Home

- Stay indoors
- Take breaks and enjoy quiet outdoor spaces
- Walk your dog
- Stay 6 feet away from others



Clean Surfaces

- Doorknobs
- Taps, faucets
- Toilet handles
- Light switches
- Counters and tables
- Cellphones
- TV remotes



Cover Coughs & Sneezes

- Cough or sneeze into your elbow or a tissue
- Wash hands right away



Wash Hands often

Wash with soap and water for at least 20 seconds when you:

- Eat
- Prepare food
- Enter a building
- Get home
- Use the bathroom
- Sneeze or cough

**Have questions? Think you may be sick? Call MetroHealth's COVID-19 Hotline:
440-59-COVID (440-592-6843)**