

# WINTER 2023

# Encore Campus Fridays Sneak Peek



**EASTERN CAMPUS**

**Jan. 27 – Mar. 10 | 9 a.m. – 3 p.m.**

**\$30** per course or **\$99** for up to 6 courses | **Registration opens in December**

**Eastern Campus** | 4250 Richmond Road, Highland Hills, Ohio 44122

COURSE	INSTRUCTOR
<b>9-9:50 a.m.</b>	
Analyzing Major League Baseball	Michael Walczak
Augustine of Hippo	Ted Smith
Famous People You've Never Heard of Or Know Little About	Avery Fromet
Great American Songbook Singers I	Jerry Jelinek
Microsoft Windows, Word, Excel and PowerPoint for Beginners	Deborah Judith Piccus
Publish Your Legacy	Deante Young
Retirement Planning Strategies	Keith Witkowski
<b>10-10:50 a.m.</b>	
Apple iPhone for Beginners	Deborah Judith Piccus
Comprehensive Estate Planning 101	Dan Baron
How We Beat Diabetes	Mary R. Kolk
The Nature of Suffering	Ted Smith
Speaker Series: Explore, Enrich, Engage	Betty Zak
<b>11-11:50 a.m.</b>	
Anahat Ageless Chair Yoga	Jody Schrock
Beginning Piano Theory	Patricia A. Miles Ashford
Casino Games	Terry Perko
Everyone Has a Story: My Life as a Fractured Fairy Tale	Jeanne Goldberg
Fun With Italian	Maureen Huefner
Garden of Eden	Ted Smith
How to Select a Nursing Home	Gary Klein
Loneliness: The Human Signal We All Need to Hear	Mary R. Kolk
<b>Noon-12:50 p.m.</b>	
Ancient Yoga Breath	Jody Schrock
Bad Math (and Fun Math)	Marty Cohen
The Beatles	Frank Thomas
Extremely Basic Computer Skills	Jeanne Goldberg
History of the Underground Railroad in Northeast Ohio	Herbert A. Burns
Meditative Music: Healing Body and Soul	Barbara Perkins
<b>1-1:50 p.m.</b>	
Basic Hatha Yoga	Jody Schrock
Beginner Line Dancing	Beth Parnin
Beginning Weight Training: Machines	Shad Nye
The Black Laws of Ohio	Herbert A. Burns
Northeast Ohio Wines 101	Carol Agnew
Rock Music of the '70s	Frank Thomas
Tea Time Mindfulness	Jody M. Bell

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COURSE	INSTRUCTOR
2-2:50 p.m.	
Core Training	Shad Nye
Fun With Fitness	Beth Parnin
Northeast Ohio Wines 201	Carol Agnew