

Encore Campus Fridays Sneak Peek



WESTERN CAMPUS

Sept. 26 - Nov. 14 (NO CLASSES Oct. 17) | 9 a.m. - 3 p.m.

\$99 for up to 6 courses | Registration starts mid-August (Date TBA)

Western Campus | 11000 W. Pleasant Valley Road, Parma, Ohio 44130

Instructor	Course Title
9 - 9:50 a.m.	
Aaron Baker	Intro to Esoteric Philosophy and Applied Spirituality
Barbara Perkins	Serenity Through Music
Betty Zak	The Love That Derailed the Empire: Napoleon & Josephine
Bonny Carroll	Watercolor Journaling and Art
Diane Wido	Bible Fly-Over
Gerry Nemeth	TV Game Show Fun!!
Karen Brucken	Diet Choices Explained
Terry E. Greathouse	A Journey into the Human Body: The Cardiovascular System
Walter Topp	Understanding Current Events: A Guide for Americans
9 - 10:50 a.m.	
Gary Arnosk	Artificial Intelligence Fundamentals with Generative AI Lab
10 - 10:50 a.m.	
Betty Zak	SPEAKERS SERIES: EXPLORE, ENRICH, ENGAGE
Debbie Makowski	Fitness: Strength and Sculpt
Jill Hallet	Book Folding
Karen Brucken	Food Myths
Kevin Shemuga	Ritual: The Human Need for Cultural and Faith Expressions
Lauren Persons	Write to Right
Martha Hall	Beginner Line Dance
Patrick O'Leary	CPR for the USA: Reviving Democracy with the Constitution
Robert Wido	How We Got the Bible
Terry E. Greathouse	A Storm Rising in the West
Wendell Brooker	Jesus: the Man, the Myth, the Mystery
11 - 11:50 a.m.	
Debbie Makowski	Nutrition: How to Eat to Feel Vibrant and Energized
Gerry Nemeth	Cleveland Rocks! (and you will too)
Jeff Black	Political Parties in the United States and Elections
Jerry Jelinek	The Rat Pack Singers
Jill Hallet	Book Folding Advance
Karen Brucken	Live Like the Blue Zones
Marilyn Hallenburg	Gardener's Gazette
Martha Hall	High Beginner and Improver Line Dance

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Mary Kolk	The Feminine Mystique - The Power of Women
Pat Stropko-O'Leary	Women Erased: Significant Women of Christianity
Susan Ungham	AI TED Talks, the Sequel
Walter Topp	A Cleveland Sampler: People, Places, and Moments from Cleveland History,
	Vol.1
Wendell Brooker	Envisioning America: Winslow Homer and Norman Rockwell
Noon - 12:50 p.m.	
Alyssa Wilmot	Dance through the Decades
Gary Anderson	Hollywood Musicals, Part IV (1970's)
Joseph P. Reardon	Energy Options for Planet Earth
Judi Slack	Hollywood Goes to War! – Movies, Stars and Stories of World War II
Karin Cottman	Muscle Conditioning
Linda Witkowski	A Few Interesting Characters
Mary Kolk	The Power of Connection and Purpose
Mary Kopczynski	Balloflex (Seated Chair Exercise Program)
Michael Bohnert	The American Short Story
Paul M. Parobek	Religious Diversity of Northeast Ohio
Susan Ungham	Ban This at My Library!
1 - 1:50 p.m.	
Alyssa Wilmot	Dance Basics
Dennis Geffert	Baby Boomers in the 1960s & 70s: Went to School, Went to War, Went to
	Work. Part 2 continuation of the study.
Judi Slack	Sacred Spaces – The Splendor of Divine Sanctuaries
Karin Cottman	Balance, Strength, and Core
Linda Witkowski	Demystifying the Technology in Your Life
Milenko Budimir	Road Tripping through Ohio
Susan Ungham	TED Talks, the Sequel
Ted Smith	God and Your Brain
Mary Kolk	Type II Diabetes CAN Be Reversed
2 - 2:50 p.m.	
Alyssa Wilmot	Pilates
Amanda Nyx	Tarot-py: Using Tarot for Self-Discovery, Reflection, and Growth
Dennis Geffert	Heroes In the Sky: Great American Fliers and Aircraft of World War II.
Judi Slack	Wicked Ladies- Infamous Women Poisoners
Karin Cottman	Strength Circuit Training
Mary R. Kolk	Historic Gems Hidden in Plain Sight!
Milenko Budimir	Philosophy of Technology
Ted Smith	Genesis and the Big Bang
Valerie B. Williams	Sign Language is FUN!
Walter Topp	The Golden Door: Immigration in America, 1750 - 2025
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