



Summer Internship Program
May 28, 2019 - August 9, 2019
Job Description

Department Name: Sport and Exercise Studies (SES)
Intern's Supervisor: Christopher Faciana
Timesheet Approver: Christopher Faciana
Assignment Location/Campus: Eastern Campus, 4250 Richmond Rd., Highland Hills, OH
Job Category (Select up to 2): Healthcare/Laboratory
Number of Openings: 2 **Work Schedule/Hours:** Monday: 8:30 a.m. - 2:00 p.m.,
Thursday: 12:00 p.m. - 4:00 p.m. & Special Events
Internship Duration: 10 Weeks
Internship Dates (Start/End): May 28, 2019 – August 9, 2019

Department Description: (e.g. mission statement, department responsibilities)

Tri-C's Sport and Exercise Studies program provides students with the knowledge and skills to be fitness professionals. Graduates will be prepared to sit for a variety of nationally accredited certification examinations in personal training and group fitness instruction. In addition, students graduating from the program may transfer to four year institutions to continue their education in exercise science, exercise physiology, sports management, or other fitness related fields.

Job Responsibilities: (e.g. functions and/or projects)

- Perform a variety of fitness assessments in the Fitness Testing and Training Center at the Eastern Campus (including, but not limited to BodPod assessments, Resting Metabolic Rate (RMR) and VO2 max testing)
- Assist in departmental projects (5K's, Exercise is Medicine events)
- Personal train employees, students and general public in Fitness Testing and Training Center
- Gain presentation experience by assisting SES staff during hands - on workshops/videos
- Complete a special project to be assigned by the department

Required Qualifications: (e.g. declared major; specific coursework; competencies, knowledge, skills, and abilities)

- Sport and Exercise Studies (SES) Declared Major
- Completed coursework: SES 2410 or similar experience
- Ability to work well within a group
- Strong interpersonal skills

Preferred Qualifications: (e.g. declared major; specific coursework; competencies, knowledge, skills, and abilities)

- Personal Training Certification (ACSM, NSCA, NSCF preferred)