Bridging the Gap Between Hunger and Health in the Community

Jennifer Scofield, CEO

Confronting Poverty Among College Students Summit

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Tri-C Western Campus Fieldhouse
The mission of the Hunger Network of Greater Cleveland is to reduce hunger and enhance nutrition in our community by providing food and other health-related vital services to individuals and families, and by actively and effectively participating in a coordinated response to people in need.
What is the Hunger Network?

**Hunger Relief**

We distribute emergency food at 71 hunger centers, which can either be a food pantry giving out bagged groceries or a congregate hot meal.

Together, our network feeds 40,000 individuals and families each month and nearly 4 million meals every year.

**Stay Well Program**

We offer health screenings, nutrition education, medical navigation and connections to other community resources to hunger center clients.

Every year, the Stay Well Program provides more than 5,000 preventive health services to Cuyahoga County residents.

**Food Rescue**

We are launching a program to rescue perfectly viable food that is destined for our waste stream and get it into the hands of those who are hungry in our community.

Did you know?! Nearly 40% of food goes to waste, while 1 in 5 people go hungry.
Let’s meet Derek
Hunger Relief

We are a network of 73 hunger centers strategically placed throughout Cuyahoga County.

- **Food Pantry**: We have 48 food pantries in our network that provide a three day supply of groceries for each member of the household once a month.

- **Hot Meal**: We have 25 hot meal programs in our network that provide a complete and nutritious congregate hot meal. These meals are open to the community with no requirements.

**HOW IT WORKS**

1. We raise funds to buy emergency food. $1 is leveraged to provide 4 nutritious meals.
2. 96 cents of every $1 is used to buy food from wholesalers.
3. Our team of nearly 1,900 volunteers pack the bags and cook the meals.
4. Our network of 73 hunger centers open their doors.
5. Together, we feed 40,000 people in need every month; 30% are children.
**OUR IMPACT**

- **40,000** individuals are served through our hunger centers each month.
- **30%** of those served are children.
- **73** neighborhood pantries & hot meal programs are a part of our Network.
- **1,900** volunteers donate their time each year.
- **96%** of our budget goes directly to programs fulfilling our mission.
- **4,000,000** meals distributed to Hunger Network clients every year.
Stay Well Program

We launched the Stay Well Program in 2012 to help those requiring food assistance improve their health and quality of life.

We deliver Stay Well programing at 13 of our hunger centers.

- Non-diagnostic health screenings and assessments for blood pressure, blood glucose, BMI, body fat % and waist circumference.
- One-on-one health, medication, lifestyle and nutrition counseling.
- Assistance enrolling in Medicaid, Medicare and other benefits and insurance programs.
- Medical navigation and linkages to medical providers and other community services.
- Educational speakers and materials on topics such as nutrition, health cooking and fitness.
Food Rescue

Don’t let good food go to waste!

The Hunger Network is launching a program to rescue perfectly viable food that is destined for our waste stream – together, we can get this food into the hands of those who are hungry in our community.

40% of America’s food goes to waste, while 1 in 5 people go hungry right here in Cuyahoga County. It’s not that we do not make enough food, it’s simply that good food is ending up in landfills.

The Hunger Network Food Rescue program will be a volunteer-driven effort coordinated on an app – think Uber or Lyft for food rescue. This program will save the food from the landfills and help increase nutritious food served in hunger centers to our neighbors in need.

HOW IT WORKS

Delicious fruits, vegetable and bread are donated by our favorite grocery stores.

Volunteers rescue this food.

...And deliver the food to our hunger centers in less than an hour.

Hunger centers distribute delicious fruits, vegetables, and bread to families in need.
Cleveland-Cuyahoga County Food Policy Coalition

- Facilitates policy-based changes.
- Builds coalitions around new projects and programs.
- Helps conduct research.
- Convenes quarterly forums.
- http://cccfoodpolicy.org/

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Food Access Raises Everyone (FARE)

“How can we combine our capacity and overcome silos? How can we peel back the layers to see true need, so we can truly help communities?”
~ Cleveland community leadership expert

Program areas and opportunities for cross-collaboration:
- Nutrition Education
- Healthy Retail
- Farm to School/Institution
- Healthcare Partnerships
- Farmers Markets
- Healthy Food Financing
- Youth Leadership
- Urban Agriculture

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Modeling the Future of Food in Your Neighborhood study (FoodNEST 2.0)

- Engaging community partners in the development of computational models.
- Examining relationships within the local food system.
- Collecting and using data to model how things would change if we altered different aspects of the system(s).

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