



Veterans Upward Bound

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Out and About

Veterans Take on Goodtime III

On July 12, VUB graduates, students, and staff went on a cultural exploration trip and attended the Goodtime III narrated sightseeing tour. Attendees learned about Cleveland's history and development as they sat inside or outside on the raised boat levels.

While the vessel allowed everyone to spread out, Veterans Upward Bound T-shirts maintained the group identity. Lunch followed the tour, at Juji's, a small restaurant inside the historic Statler Arms building in Playhouse Square. Juji's was prepared and had plenty of food waiting for the hungry vets!



Students were able to mingle and develop friendships, and one current student connected so well with peers that she switched to the weekday class session from the weekend session. After lunch, the group returned to Tri-C to wind down an eventful day of sightseeing in its fine city!



The VUB team is ready to help you succeed! (Left to right: Jessica Rodriguez, Kaylyn Bass, Angela Hobbs, Marjorie Morrison, Laura Cole-Knapp, Jeremy Wong, and Leanne Hoppe. Not pictured, our photographer extraordinaire, Soledad Ramirez.)

Director's Message:

Success...

How do you measure success? If you ask a dozen people, you will probably get a dozen answers. Most of us think of success in big, glitzy terms. The inventor who made a million bucks, your cousin's kid who went to law school, or the hometown sports phenome who leads in MLB stats.

Some might say these are just really lucky individuals. But the reality of it is that real success stories have to do with hard work that leads to dreams becoming reality. The MLB player didn't get there overnight. He spent years of his life perfecting his pitch. And he didn't wake up one morning and start throwing strike after strike. His career started with small steps and small goals. The inventor may have thought of a great idea, but then he had to act on that and create a prototype and market his product. The law student had to work hard to maintain good grades to be accepted into law school, but then to continue to succeed, she had to focus her energies on even more studying.

A journey of a thousand miles begins with one step. What are your goals? You started with the step of attending VUB. What's next for you? Stop by and see us. Let's work together to put together a plan that will help you maintain your momentum and push you towards that next goal!

- Marjorie Morrison

STUDENT'S PERSPECTIVE: A Lesson I've Learned



I've had problems with writing before, and now I can write a better essay, using what I learned in English.

-Art Milford (VUB '17)



VUB Director Marjorie Morrison stops for a photo with Cleveland Mayor Frank Jackson.

VUB in the Community

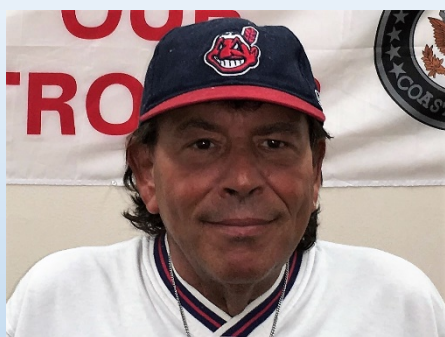
On June 9th, Tri-C hosted Breaking Down Barriers event in conjunction with the Northeast Ohio VA Healthcare System, the Cuyahoga County VSC, the Volunteers of America Greater Cleveland, and others. The event focused on employment opportunities for those with significant legal barriers to employment, serving over 100 individuals with a history of previous conviction. VUB staff participated in the event, supporting the community outreach and disseminating information about the VUB program at Tri-C.

COMING UP: Veteran Opportunities & Events



The Women in Transition Program opens Hope's Closet for this year's National Career Development Week on Tuesday, November 14, 2017 at Cuyahoga Community College to Veterans who want to "Dress For Success." This outreach event provides an opportunity for job seekers in a significant way. Our goal will be to share high quality, new, gently used or laundered career business /casual / networking dress attire along with accessories for both women and men.

Volunteer or participate in a **free** 3-day equine therapy session in Chardon, OH. The program runs all day from September 22 to 24. Sign up by September 20 at <http://www.operationhorsesandheroes.org>



Lawrence Lexington (VUB '16), a US Navy veteran, earned a Bronze Star and five medals for his service in Vietnam. He enjoys spending time outdoors. He will be attending Tri-C to pursue Film and Media beginning October 2017.

THE BEACH

I go to the beach and lay my towel down on the grass and watch the people swimming and splashing in the water. Then, the lifeguards blow a whistle for a 15-minute rest period. It seems the children count the minutes and line up in the sand waiting for the whistle to blow. When it does they look like horses beginning a race, and it puts a smile on my face to see them racing to be first in the water. They laugh and yell when they hit the water, and when I see this it reminds me of my childhood when I used to do the same thing. Before summer is over, I think everyone should go to a swimming pool or lake, and they would see their childhood unfold right before their eyes with memories of their younger days of being at
THE BEACH.

COMING UP: Veteran Opportunities & Events



NAVUB

National Association of Veterans Upward Bound

Interested in applying for a 2017-18 scholarship?

For more details, email Leanne at Leanne.hoppe@tri-c.edu before **August 30**. In your email include a paragraph about why you're interested in the scholarship and how it would help you achieve your goals.

Veterans Action Experience Center:

From August 10 to 12 Cleveland hosted a gathering of Veterans resources at Tri-C's Western Campus. In total, 1100 Veterans and dependents attended. 522 Veterans received direct, face-to-face services, and 300 received claims, initiations, or resolutions. Marjorie Morrison, Laura Cole-Knapp, and Ashley Gorbulja provided attendees with information and resources.



September 1, 2017: Vietnam War Commemoration

The Geauga County Veterans Service Commission is commemorating the 50th anniversary of the Vietnam War with a ceremony to honor Vietnam veterans and their families on September 1, 2017 at 12:00 noon during the Great Geauga County Fair in Burton, OH at the Main Grandstand.

The event is free for veterans, their families, seniors and the public. Anyone interested in attending, especially those who served in uniform from November 1, 1955 – May 15, 1975 should contact **Gauga County Veterans Services at 440-279-1860**. Veterans will need to validate their service with a discharge form DD214.


SHARE YOUR VUB EXPERIENCE!

Refer a fellow vet to our refresher course and your name will be entered into a **prize drawing** when that student finishes their third week with us!

Call or email for details.

COMING UP: VUB Fall Calendar

DATE	HIGHLIGHT
August 26	VUB Fall Saturday Refresher Class Begins, 9 AM
August 28	Tri-C Fall Semester Begins
August 29	VUB Fall Weekday Refresher Class Begins, 10 AM
October 4	Veterans Social ,11 AM – 1 PM
October 21	VUB Fall Saturday Refresher Class Ends
October 24	VUB Fall Weekday Refresher Class Ends
October 26	VUB Fall II Weekday Refresher Class Begins
October 28	VUB Fall II Saturday Refresher Class Begins
November 1	Veterans Social, 11 AM – 1 PM
November 10	Veterans Day Observed, Veterans Ceremony at Western Campus
November 14	Hope's Closet: Dress for Success Event, Call for Details
December 1	FAFSA deadline for Spring 2018 Semester
December 6	Veterans Social, 11 AM – 1 PM
May 22	Tentative 2017 VUB Pinning Ceremony



Know someone interested in an evening class at West? Contact us!

And Remember: We Offer Open Tutoring Hours

Need Help With . . .

Applying to College?

FAFSA?

Transcripts?

Research?

Scholarship Applications?

Every Wednesday

11 AM – 1 PM Math Tutoring

1:30 – 3:30 PM English Tutoring

... We can work with you!

ACADEMICS: Web Resources for Continued Refreshment

Math from Jessica Rodriguez

- <https://www.khanacademy.org/>: By creating an account you can track your progress in selected math topics
- <https://accuplacerpractice.collegeboard.org/login>: Create an account and review questions that correlate with Tri-C's placement test.
- <https://www.mathpapa.com/>: This student recommended resource features an Algebra Calculator to assist with studying.

Class Materials

- <https://www.directtextbook.com/>: Find discounted textbooks for college courses. Search by ISBN to ensure you're getting the correct edition.
- <https://www.half.com>: Check this eBay website for used textbooks at low prices.
- <http://www.ratemyprofessors.com/> : Read student reviews of instructors before registering for a class.
- Use libraries---Tri-C or your public library may have a copy you can loan or use. VUB also has a limited number of textbooks that may be available for loan.
- <https://www.studentlingo.com/tri-c>: Use this website to participate in workshops that will help you succeed at Tri-C.

English from Laura Cole-Knapp

- <https://style.mla.org/works-cited-a-quick-guide/>: Working on a paper? Use the MLA Style Center's Quick Guide for assistance with citations.
- <https://owl.english.purdue.edu/exercises/>: Practice and review grammar with this resource.
- <http://cuyahogalibrary.org/Events/Lifelong-Learning.aspx> : Attend a lifelong learning class at Cuyahoga County libraries.

Training from Jeremy Wong

- <https://training.fema.gov/is/>: Obtain a FEMA readiness certification to handle adverse situations with a sense of calm and leadership.
- <https://learn.nctsn.org/enrol/index.php?id=38>: Enroll in this free, VA-promoted psychological first aid training course.
- <https://www.launchdigitalmarketing.com/how-to-pass-google-analytics-certification/>: Enhance your resume with this Google Analytics Industry-standard certification.

Take a moment to **REFRESH** . . .

What 3 numbers produce a sum equal to their product?

Five and six more is eleven, but six and seven more is one. How is that possible, what am I?

(Send us an email with the subject line "August 2017 Newsletter" to check your answers)