R.A.D. RAPE AGGRESSION DEFENSE SYSTEMS

*The time is **NOW** – not after something happens.*

Rape Aggression Defense (R.A.D.) Basic Physical Defense for Women

R.A.D. Basic Physical Defense is designed for women with little or no self-defense experience.

Brunswick University Center

3605 Center Road, Brunswick

August 5, 7, 12 and 14 ■ 5:30-8:30 p.m.

Registration opens July 1

Participant must attend all four sessions at their chosen location.

You can do this!

- Self-defense techniques suitable for women of all ages and abilities
- Develop skills in a safe, secure, all-female environment
- Learn awareness, reduction, recognition and avoidance
- Gain empowerment through education and training

R.A.D. Systems promotes self-defense education and awareness. This course includes lecture, discussion and demonstration of self-defense techniques.

better than that
Preventing and Responding to Sexual Violence

Cuyahoga Community College Police

Registration is required.
Contact Officer Christine Logan at 216-987-5795 or christine.logan@tri-c.edu to sign up.

Cuyahoga Community College

24-0442