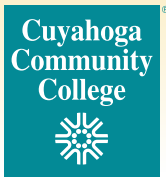


# CHOICES

*Breaking Down the Barriers to Success*



**Self-Empowerment and  
Self-Awareness for Women at Tri-C®**



# CHOICES *Breaking Down the Barriers to Success*

## **Mission**

To explore resources of stability, accountability and sustainability for women by way of mentoring, encouraging, and investigating educational opportunities to aid them as they move forward in their personal growth and professional endeavors.

## **Vision**

The CHOICES program will be an avenue for students to reach their goals by setting high standards, overcoming obstacles and moving forward in their quest for personal, professional and academic success.

## **Goals and Objectives**

- Research and utilize resources to enhance personal growth, cultural enrichment and academic success
- Review strategies to identify and resolve problems, increase self-esteem and motivate positive outcomes

## **Program Criteria**

- Participants must be currently enrolled in classes at Cuyahoga Community College (Tri-C®)
- Participants are required to engage in activities sponsored by the CHOICES program, including meetings, workshops, special events and other activities

## **Program Benefits**

- Participants will be assigned a mentor from the Black American Council Mentoring Program
- Participants will experience the personal satisfaction of taking control of their lives and their futures
- Participants who complete the CHOICES program will be rewarded at the close of the academic year



### **For more information:**

Beverly Owens, MBA  
*Collegewide Program Coordinator*  
216-987-3625  
Beverly.Owens@tri-c.edu

*“The positive CHOICES women make will be the foundation of a more rewarding life for themselves, their families and their communities.”*

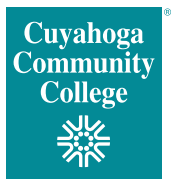
– Beverly Owens

*“The sum total of your choices will equal the quality of your life.”*

– Contae Bentley

*“The doors we open and close each day decide the lives we live.”*

– Flora Whittemore



For more information:  
Black American Council  
216-987-4527  
[www.tri-c.edu/bac](http://www.tri-c.edu/bac)

*Working for the Best Interest of Students, Staff and Faculty Since 1969*