

UNIVERSITY HOSPITALS
AHUJA MEDICAL CENTER PRESENTS:

Strategies for Success to achieve Heart Health

FREE

Saturday, September 16, 2017

9:00 a.m. - 1:00 p.m.

Registration and sign-in begins at 8 a.m.

Brunch will be served 8 a.m.-10 a.m.

Cuyahoga Community College Mandel Theater
4250 Richmond Road (enter off of Harvard Rd.)
Highland Hills, Ohio 44122

**YOUR JOURNEY TO ACHIEVE HEART HEALTH BEGINS
WITH UH EXPERTS CLOSE TO HOME.**

Join us for an interactive and educational seminar about “Achieving Heart Health” featuring keynote speaker William Wolf, MD, Medical Director, Harrington Heart & Vascular Institute at UH Ahuja Medical Center. At this event, you will learn successful strategies to use throughout your lifetime journey to attain heart health.

-Interactive CPR demo
-Medical panel discussions
-Fasting Cholesterol/Glucose

-Cooking demo
-Interactive yoga demo
-Blood Pressure



University Hospitals

PRE-REGISTRATION IS REQUIRED:
216-285-4069