# Open Gym Hours

**August 2015**  
*Times May Be Subject To Change!*

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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<tbody>
<tr>
<td>BB=Basketball</td>
<td>Fall Semester Begins on 8/24.</td>
<td>Gym Not Available!</td>
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<td>S=Soccer</td>
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<td>W/J=Walk/Jog</td>
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<td>OG=Open Gym</td>
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<td>23/30</td>
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- **1 Gym:** Open Indoor Tennis Only 9am-1pm
- **2 Gym:** Not Available!
- **3 Gym:** Not Available!
- **4 Gym:** Not Available!
- **5 Gym:** Not Available!
- **6 Gym:** Not Available!
- **7 Gym:** Not Available!
- **8 Gym:** Not Available!
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- **11 Gym:** Not Available!
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- **27 Gym:** Not Available!
- **28 Gym:** Not Available!
- **29 Gym:** Not Available!
- **30 Gym:** Not Available!

**Calendar Notes:**
- **Fall Semester Begins on 8/24.**
- **1 Gym:** Open Indoor Tennis Only 9am-1pm
- **25 Gym:** Walk/Log
  - Open Gym: 2-3:30pm
  - 7-9pm Open BB Only
- **26 Gym:** Walk/Log
  - Open Gym: 2-3:30pm
  - 7-9pm Open BB Only
- **27 Gym:** Walk/Log
  - Open Gym: 12:45-3pm
  - 7-9pm BB/S Only
- **28 Gym:** Walk/Log
  - Open Gym: 12:45-3pm
  - 7-9pm BB/S Only
- **29 Gym:** Walk/Log
  - Open Gym: 12:45-3pm
  - 7-9pm BB/S Only
- **30 Gym:** Walk/Log
  - Open Gym: 12:45-3pm
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The Gym is open at no charge to patrons who have a valid ID (student, staff, Golden Buckeye Card, etc.). No children under the age of 17 are permitted to use the gym during our open times. For additional up-to-date information, call our Fit-Line: (216) 987-5457. To contact the Recreation Department, please call (216) 987-5456.

Please Note: During the Evening open gyms, only the first 40 people will be admitted.
You will either need a current My-Tri-C card, a golden Buckeye Card or an activated Guest Card to use the pool, gym and/or weight room. Please stop by the gym office to pick up a flyer with detailed information on how to purchase and activate your Guest Card.

RULES FOR USING THE GYM

- No gym bags, extra clothing, jackets or street shoes permitted in the gym! You must lock your belongings in the locker room downstairs! Bring your own lock. The college is not responsible for lost or stolen articles.
- Mini lockers, for wallets, keys and cell phones, are available in the Recreation Office, F-100 at no charge.
- Game equipment may be checked out from the recreation office. Your up-to-date “My Tri-C” card is required for equipment usage.
- Any participant, who misuses equipment, intentionally damages the facility or fails to follow the basic rules of conduct, shall forfeit the right to participate in the community recreation program.
- For more information regarding Campus and/or Community Recreation, please call the Recreation Department @ 216-987-5456 or the Tri-C Fit Line @ 216-987-5457.

BASKETBALL AND VOLLEYBALL RULES

- Please Note: Supervisors have the final word when it comes to any controversial situation occurring within the Recreation Center, F100. Additional rules are posted in the gym. Anyone NOT obeying the rules may forfeit the right to participate in any recreational program!

BASKETBALL:

- There is a limit of 40 people. The first 40 participants (in line in the “A” side hallway) will be allowed in the gym.
- There will be two to three full court games. The winning team stays on their court. Games are played to 11 points (1 point for each basket.). Anyone wanting to challenge needs to have a minimum of 3 people to play and they can’t be currently playing on another court. No spot saving!
- Players using Court A (South Court) must sign-in on sheet at desk. Players must have three players and can’t take players from previous losing team.
- No hanging on the hoops! No Dunking!
- No personal belongings will be permitted on the gym floor. You will not be allowed in the gym. Bring a lock and store your belongings in the locker room downstairs.

VOLLEYBALL:

- No hanging on the nets! Try not to fall into the nets.