

Metropolitan Campus Student Resource Guide

Looking for support in reaching your academic goals?
Not sure where to find what you need?
Check out our Metropolitan Campus resources.

I'm having trouble meeting my basic needs.

The **Student Food Bank/Pantry** on each Cuyahoga Community College (Tri-C®) campus provides food and toiletries to students in need, helping them stay in school and meet their educational goals. The Metro Pantry is open Monday through Thursday from 9 a.m. – 4 p.m.

Learn more at tri-c.edu/foodbank.

South Concourse MMTA G083 | 216-987-2251



BENEFITS ACCESS | **PROJECT GO!**

Project GO! provides free services and additional resources to ease financial challenges for qualified students. The program eliminates barriers to education by connecting students with food and housing assistance, child care, utility assistance and health care needs.

Learn more at tri-c.edu/projectgo.

MSS 23 | 216-987-6000 (Option #2)

RTA U-Pass

Tri-C supports the RTA Student Universal Pass (U-Pass) program. U-Pass allows Tri-C students to ride free on all RTA buses and trains throughout the academic semesters and sessions.

Learn more at tri-c.edu/rta.

[Live Chat](#)



I need help with my FAFSA and getting money for college.

Financial Aid

Tri-C maintains a Financial Aid and Scholarships office on each campus to help students navigate financial aid options for their college expenses. Students can meet with a student financial aid advisor for guidance on student loans, Pell Grant, FAFSA and scholarship applications, work-study and satisfactory academic progress (SAP) issues.

Learn more at tri-c.edu/financialaid.

Financial Aid Live Chat

MSS 23 | 216-987-6000 (Option #2)

Scholarships

There are many scholarship opportunities available to Tri-C students, including academic merit-based awards, awards to participate on Tri-C athletic teams or serve on student government, and awards for success and completion.

Learn more at tri-c.edu/scholarships.

Financial Aid Live Chat

MSS G23 | 216-987-6000 (Option #2)

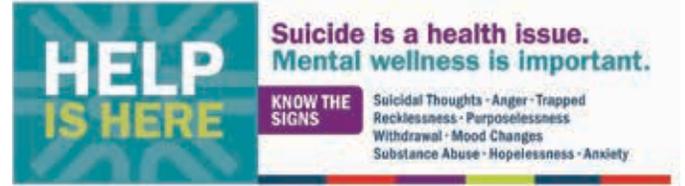
Work-Study

Earn while you learn through the Work-Study program. Tri-C's work-study program provides meaningful work experiences and financial aid.

Learn more at tri-c.edu/workstudy.



I need to talk to someone. I don't feel safe.



Suicide Preventions

Suicide is a health epidemic. According to the Centers for Disease Control and Prevention, suicide is the second-leading cause of death among 25- to 34-year-olds and third for ages 15 to 24. Suicide prevention starts by building awareness of risk factors, warning signs and symptoms, effective communication and the many resources offered.

Learn more at tri-c.edu/helpishere.

Talk 24/7

Cuyahoga County Crisis Hotline216-623-6888

Suicide Prevention Lifeline988; Veterans press 1

LGBTQ+ 866-4-U-TREVOR (488-7386)

Text 24/7 – Text “Start” to 741-741

Chat 24/7 – [Lifeline Crisis Chat](#)



Cleveland Rape Crisis Center

Connect with victim assistance, counseling and specialized services through the Cleveland Rape Crisis Center.

Call or text our 24/7 hotline at 216-619-6192 or 440-423-2020 or visit clevelandrapecrisis.org.

For more resources, visit tri-c.edu/betterthanthat.

United Way 2-1-1 provides 24/7 assistance with social service needs. Local phone and online chat assistance is available for emergency housing, family and parenting support, health care, mental health referrals, housing and utility assistance, legal assistance and more.

Learn more at 211oh.org.

Personal Counseling

The Tri-C Counseling Center provides seven sessions of personal counseling services for currently enrolled students to help clarify issues, provide support and guidance, and work toward a resolution. A Personal Development course (GEN 1010) and free workshops are also available.

Learn more at tri-c.edu/personalcounseling.



I had an IEP or 504 plan in high school.

Student Accessibility Services

Student Accessibility Services supports students with disabilities, including learning disabilities, sensory limitations, psychiatric conditions, physical mobility conditions and chronic health issues, at any Tri-C campus or location, as well as students taking online courses. All matters related to a student's disability are kept confidential.

For more information, visit tri-c.edu/sas.

MSS 209 | 216-987-4344

I need some extra help with my classes.

Course Syllabus

Don't forget to take a look at your course syllabus for your instructor's office hours and contact information. Contact your instructor when you need extra help or support.

TutorMe

Online tutoring is available 24/7 for current Tri-C students. Through TutorMe, you can submit a question and get a timely response, interact with a tutor, schedule a personal tutoring session or submit a paper to the online writing center.

Learn more at tri-c.edu/tutorme.

Student Success Specialists offer one-on-one assistance and support throughout your academic career at Tri-C.

Learn more at tri-c.edu/MetroSSS.

MSS G15

Live Chat

TRIO

STUDENT SUPPORT SERVICES

TRIO Student Support Services provides a full range of academic and other support services that help eligible participants enhance their academic skills to increase their retention, progress toward graduation or transfer to a four-year institution.

Learn more at tri-c.edu/trio.

216-987-4625

I want to make sure I am not plagiarizing and have cited sources correctly.

Tutoring services are free to Tri-C students for the courses they are currently enrolled in. A variety of options, including drop-ins and appointments, are available at each campus. View the most up-to-date tutoring schedule at tri-c.edu/tutoring.

216-987-4253

Writing Center consultants can help during any phase of the writing process, from brainstorming to final copy. They assist in document preparation, citation style, research and other technical aspects of writing. They can help with creative writing, personal writing, technical communication and college entrance essays.

Learn more at tri-c.edu/writingcenter.

216-987-4984

I need a place to study, do research and type papers.



METROPOLITAN CAMPUS
**LEARNING
COMMONS**
LIBRARY · TECHNOLOGY · MEDIA SERVICES

The **Learning Commons** is an innovative academic support environment at Tri-C. The library is located on the third floor of the Student Services building and the Technology Learning Center (TLC) open lab is located in the TLC building. The Tri-C library provides students, faculty, staff and community members access to information resources like books, print and electronic journals, media and more. TLC also provides access to computers with high-speed internet and various software applications. After-hours computing and printing are available in TLC 157, Monday through Friday from 5-10 p.m. and Saturday from 8:30 a.m. – 5 p.m.

Learn more at tri-c.edu/learning-commons.

MTLC 256 | 216-987-4292

[Live Chat](#)

I need help deciding which courses to register for.

Academic counseling is one of the most important services you will receive in college. Work together with your counselor to achieve your educational goals.

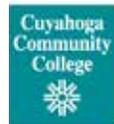
Learn more at tri-c.edu/counseling.

MSS 130 | 216-987-6000 (Option #4, specify campus)
Call for an appointment, or [schedule online](#).

[Live Chat](#)



I plan to transfer to a four-year school after I earn my degree at Tri-C.



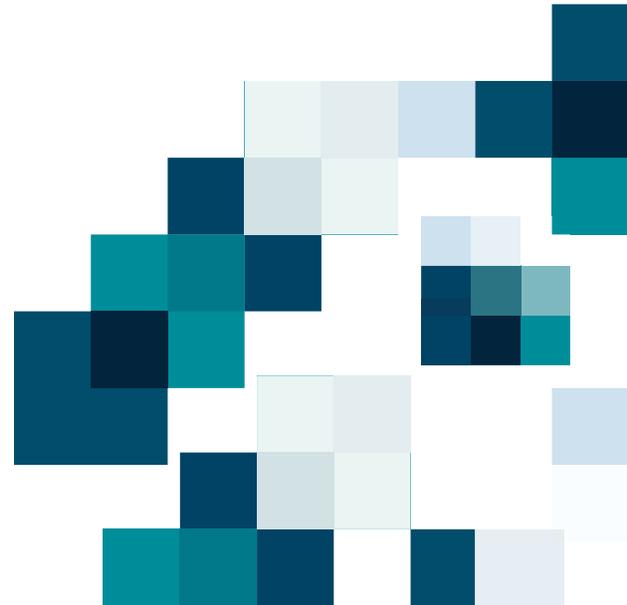
THE
**TRANSFER
CENTER**



The Campus Transfer Centers support students as they get started on their bachelor's degrees at Tri-C and plan for transfer to four-year schools. The Transfer Centers guide students through the transfer planning process while connecting them with advisors, student services and more at four-year institutions. Students are encouraged to start their transfer planning process early.

Learn more at tri-c.edu/campustransfercenters.

MSS 209 | 216-987-3841



I want to find an organization that supports diversity and inclusion.

The **Black American Council** provides comprehensive programs for students through community outreach and involvement, career development opportunities, workshops and forums, cultural awareness activities and field trips. The Black American Council mentoring program links students, faculty and staff in mentoring relationships that encourage student excellence and provide support.

Learn more at tri-c.edu/bac.

MCC 059

The **Hispanic Council** benefits Tri-C and the Hispanic community. It also advises the College on Hispanic issues and serves as a liaison between the College and Greater Cleveland's Hispanic community.

Learn more at tri-c.edu/hispaniccouncil.

Lambda Gender-Sexuality Alliance/Gay-Straight Alliance

provides education on gay, lesbian, bisexual, transgender and straight ally issues, working with other campus groups toward eliminating intolerance and prejudice. Its goal is to create an accepting environment in our school and community and to act as a safe place where everyone can feel comfortable and supported. We encourage informal activities to foster healthy social interactions, bonding and understanding within our group and the greater community.

Learn more at tri-c.edu/lambdagsa.

MSS 500 | 216-987-4529

Veteran Services and Programs

Veterans and Military Connected Services

Tri-C continues its commitment to individuals, past or present, in the military, as well as their families, through its Veterans and Military Connected Services program. We offer customized support and programming to address the specific needs of these students.

Learn more at tri-c.edu/veterans or tri-c.edu/VMCScontacts.

[Live Chat](#)



I want to be more involved on campus.

Student Engagement/Student Life provides programs and activities that promote learning and development both outside and alongside classroom learning.

Learn more at tri-c.edu/studentlife.

MCC 200L2 | studentlife.metro@tri-c.edu

I want to develop and use my leadership skills.

Student Leadership at Tri-C is an integral part of the learning experience. Tri-C offers many opportunities for students to develop as leaders, practice their leadership skills and effect positive change at the College and in the surrounding communities.

Learn more at tri-c.edu/studentleadership.

studentlife.metro@tri-c.edu

I want to be ready for my career.



The **Tri-C Career Center** provides a variety of free services, including workshops and individual career coaching, to support and prepare students, alumni and community members searching for jobs.

Learn more at tri-c.edu/careerservices.