



CUYAHOGA COMMUNITY COLLEGE

ALUMNI RELATIONS

NEWSLETTER

October 2016



Alumni Profile: Richard Pulice

Richard Pulice graduated from Cuyahoga Community College in 1994 with an Associate of Applied Science degree and certification as a physician assistant. He transferred to Excelsior College for a bachelor's degree and to the University of Nebraska for his Master of Physician Assistant Studies degree, with a concentration in internal medicine.

[Read the rest of his story here](#)

New alumni benefit: discount on BodPod assessments



Did you know that Tri-C's Fitness Testing and Training Center features the latest technology for assessing your health?

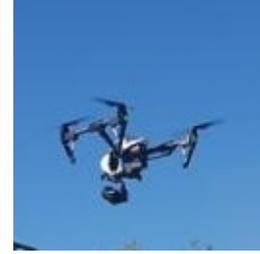
The BodPod uses whole-body densitometry to determine body composition, providing measurements for body fat percentage, resting metabolic rate and total energy expenditure. Located at the Eastern Campus, the Center is offering alumni this analysis for just \$10 - more than half off the regular charge of \$25! Registration is required and based upon availability. Take advantage of this limited-time offer--call (216) 987-4822 or email

christopher.faciana@tri-c.edu. [Click here](#) for details.

Inaugural Drone Academy launched

Drones are becoming the eye in the sky for an ever-increasing number of law enforcement agencies. A drone with a mounted camera can monitor emergency situations from hundreds of feet in the air, track fleeing suspects and fly into spaces too small or hazardous for a first responder to venture, such as a burning building.

Through Tri-C's inaugural Drone Academy, now underway at the KeyBank Public Safety Training Center on the Western Campus, first responders are learning about drone technology and its uses while gaining hands-on drone operation experience. For more information on this new initiative, visit www.tri-c.edu/droneacademy.



Join us for these Upcoming Events!

Tri-C's theatre production featured at Playhouse Square



Tri-C alumna Chloe Smith, Class of 2014, plays the role of Miss Maudie Atkinson in the first College-wide production of Harper Lee's "To Kill a Mockingbird," adapted for the stage by Christopher Sergel and directed by Tri-C Theatre faculty member, Bob Ellis.

Set in 1935, the play tells the story of Scout and her brother, Jem, being raised by their widowed father, Atticus Finch, and a strong-willed housekeeper, Calumia. Rising tensions in the community lead Scout to question the cause. She learns from her father that the tensions stem from his legal defense of a young Negro wrongfully accused of a grave crime. This play explores the racial tensions of the early 20th century South and applauds the strength of those who fight injustice.

The production is featured at Playhouse Square next month with performances on Nov. 3 and 4 at 7:30 p.m., and Nov. 5 at 1 p.m. Tickets are available online at www.playhousesquare.org or through the Box Office (216) 241-6000. The show also runs Oct. 27 - 29 at 7:30 p.m. at Tri-C's Western Campus Theatre. To secure tickets for this venue visit www.trictickets.com or call the Tri-C Box Office at (216)987-5536.

Interested in a pair of tickets to the show? Join our [Tri-C Alumni Facebook Group](#) and watch for your chance to win!

Classical Piano Series

This season, the Tri-C Classical Piano Series celebrates its 10th Anniversary of presenting internationally acclaimed artists and rising young stars to Cleveland audiences. The series is presented free of charge on Sunday afternoons at the Cleveland Museum of Art's Gartner Auditorium. On Oct. 16 at 2 p.m., American pianist Simone Dinnerstein, one of the Billboard Classical Chart's top 10 best-selling artists of 2014 performs. For more information, visit www.tri-c.edu/classicalpianoseries.



Simone Dinnerstein



Senior fitness lecture

Wednesday, Oct. 19, 6:30 p.m. at Westshore Campus (room 112) with Paul O'Donoghue, personal trainer/certified functional aging specialist and his wife, Mary, discussing the "Functional Aging Training" model emphasizing flexibility, balance, agility, reaction, cognition and power to help seniors stay physically fit. Admission and parking are free. For more information visit www.tri-c.edu/LearningforLife or call (216) 987-5803.

Eastern Campus Exercise is Medicine: November 15



EXERCISE IS MEDICINE ON CAMPUS

Hosted by Tri-C's Sport and Exercise Studies Program

FITNESS ACTIVITIES | NUTRITIOUS FOOD SAMPLES | HEALTH ASSESSMENTS

FREE EVENT • OPEN TO THE PUBLIC

Tuesday, November 15 • 10 a.m. - 2 p.m.

Tri-C's Eastern Campus | 4250 Richmond Road | Highland Hills, OH 44122

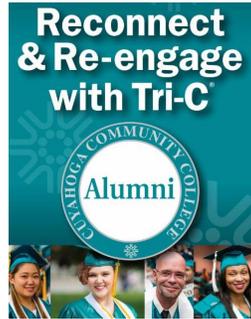


www.tri-c.edu/exercise

Tri-C is committed to promoting healthy living through outreach initiatives within our community. *Exercise is Medicine (EIM) on Campus* calls upon universities and colleges to become engaged in the promotion of physical activity as a vital sign of health. We invite alumni to join us for a special Exercise is Medicine event on the Eastern Campus on Tuesday, Nov. 15.

EIM is part of the American College of Sports Medicine (ACSM), the largest sports medicine and exercise science organization in the world. With more than 50,000 members and certified professionals worldwide, ACSM is dedicated to advancing and integrating scientific research to provide educational and practical applications of exercise science and sports medicine.

This event provides an opportunity to learn about a healthy lifestyle and includes a variety of fitness activities, exercise demonstrations and assessments. For more information, visit www.tri-c.edu/exerciseismedicine or call (216) 987-4822. See you there!



Alumni Relations
Cuyahoga Community College Foundation
(216) 987-4868
www.tri-c.edu/alumni
alumnirelations@tri-c.edu
www.facebook.com/groups/TriCalumni