## Tiffany Willis-Gilmore, MPH

## **Academic Support Specialist, Testing Center**



Tiffany Willis-Gilmore is a motivational speaker, poet, and writer. She teaches youth "oratorical conditioning," a rigorous, direct approach to public speaking training. In addition to serving as the editor of IAM Magazine and the CEO/Founder of MOMaging 24/7, she is dedicated to contributing her professional skills to the Cleveland Metropolitan School District and Cuyahoga Community College.

She imparts lessons to her listeners on the presence of God, tenacity, self-control, discernment, dedication, and honesty. Ms. Willis-Gilmore, a longtime resident of Miami, Florida and a native of Cleveland, Ohio, demonstrates that pursuing your goals can help you overcome hurdles. She has a Bachelor of Arts in English Communications and a Master of Science in Public Health.

The outspoken Ms. Willis-Gilmore received recognition from the International Who's Who of Professional Management, the Pace Setters Award, and Best Administrator in a Small Company and Single Mom of the Year, among other honors and recognitions. She is the president of the Florida Memorial University alumni association's South Dade chapter, and she also serves on the boards of Kirby Year Round Project, Inc., CMSD Culture and Collaboration committee, Salute to Excellence committee and the Economic Development committee for the Alpha Omega Foundation of Alpha Kappa Alpha Sorority, Inc. "Destiny is not a matter of chance, it is a matter of choice" is the guiding principle Ms. Willis-Gilmore lives by.

## **Speech Topics:**

**Communication** is essential for connecting people, exchanging ideas and building friendships. It's a way of expressing ideas, helping us understand and empathize with each other. Effective communication results in resolution of conflicts, promoting teamwork and increasing personal and professional development.

**Self-Improvement** is a process of growth and development. You'll be more flexible; you'll handle challenges with resilience, and you'll deepen your connection to yourself. You can make more informed decisions by knowing your values, desires and emotions. Embracing these changes allows you to reinvent yourself so that you can move forward with your dreams.